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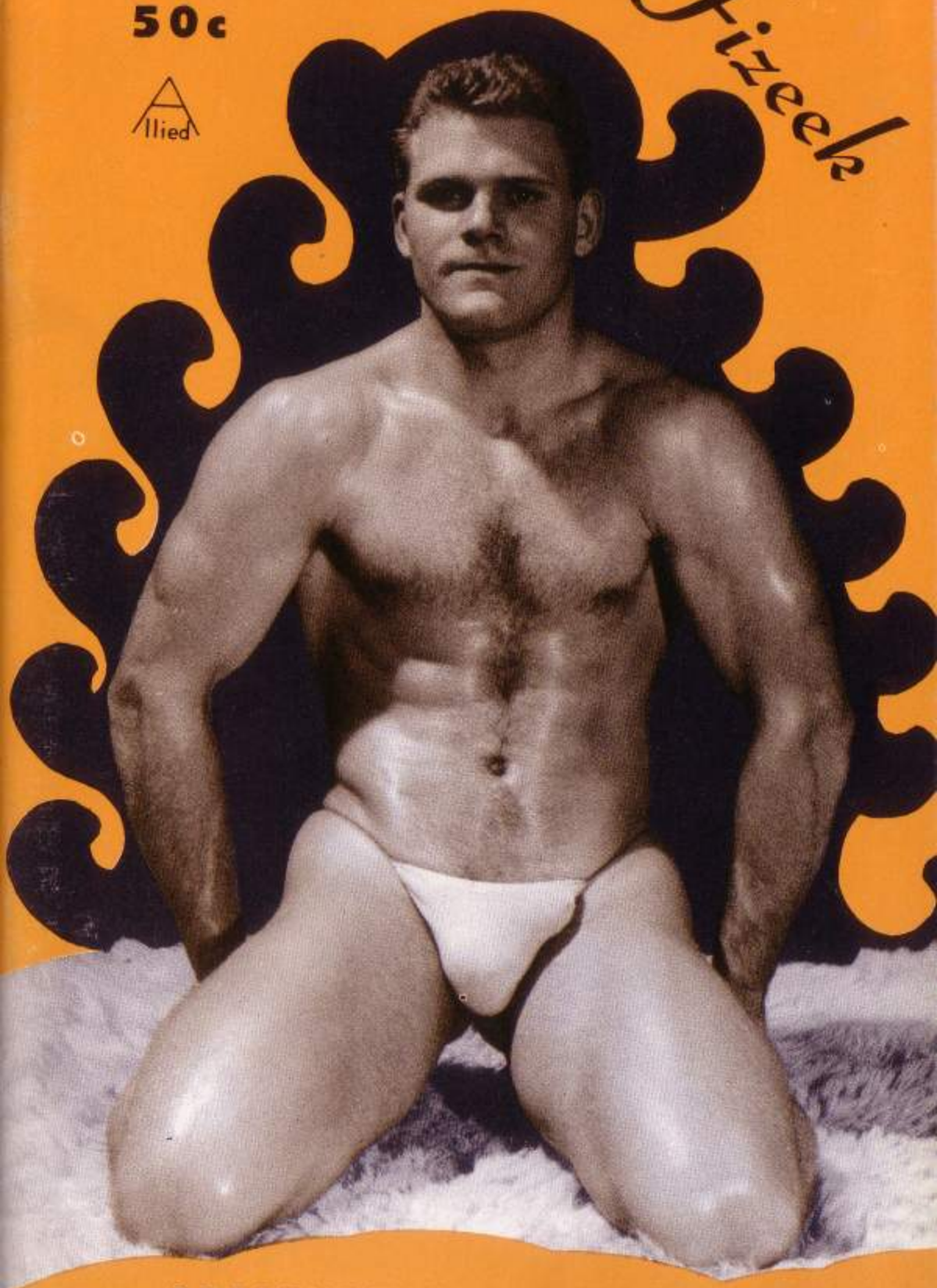

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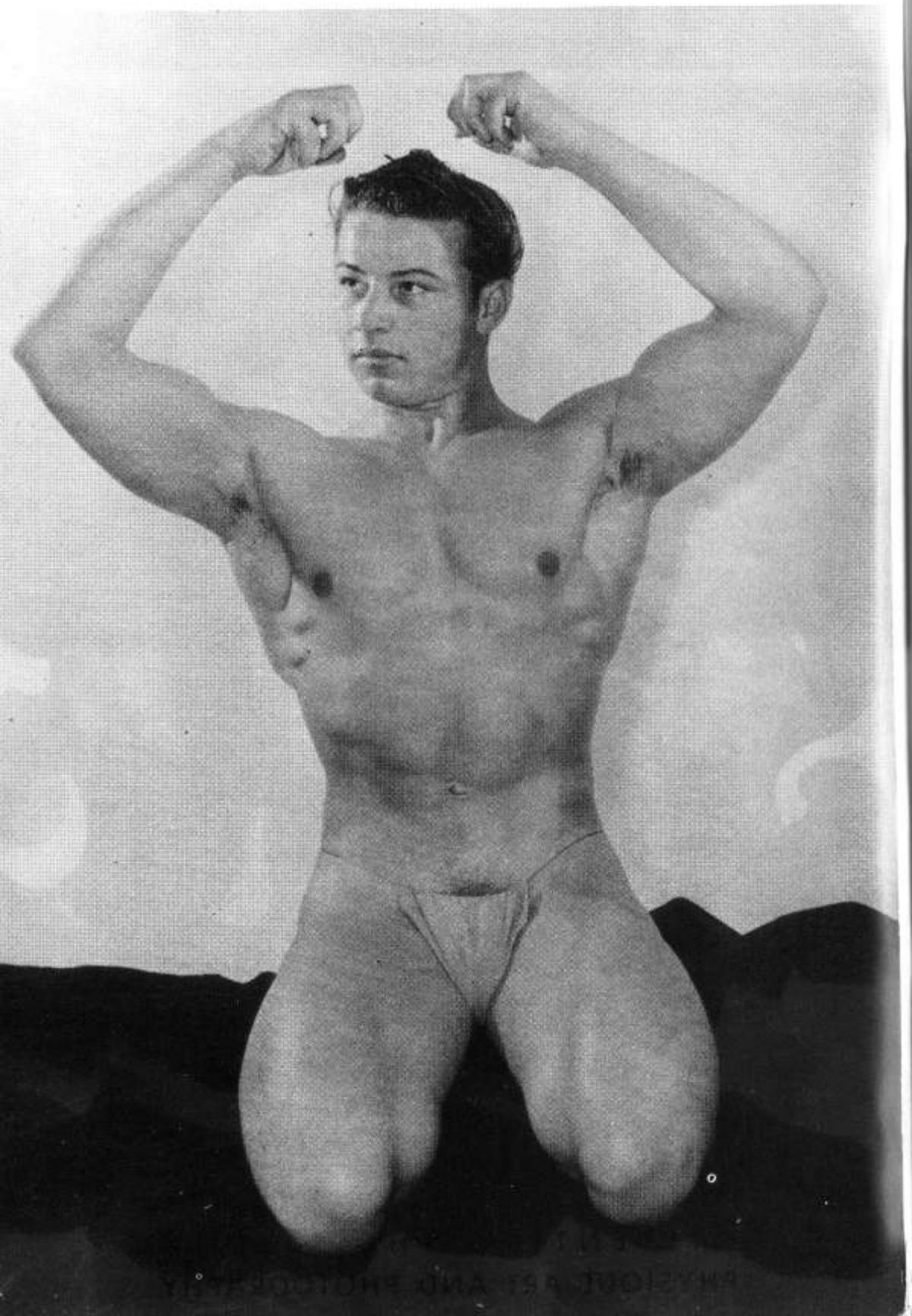

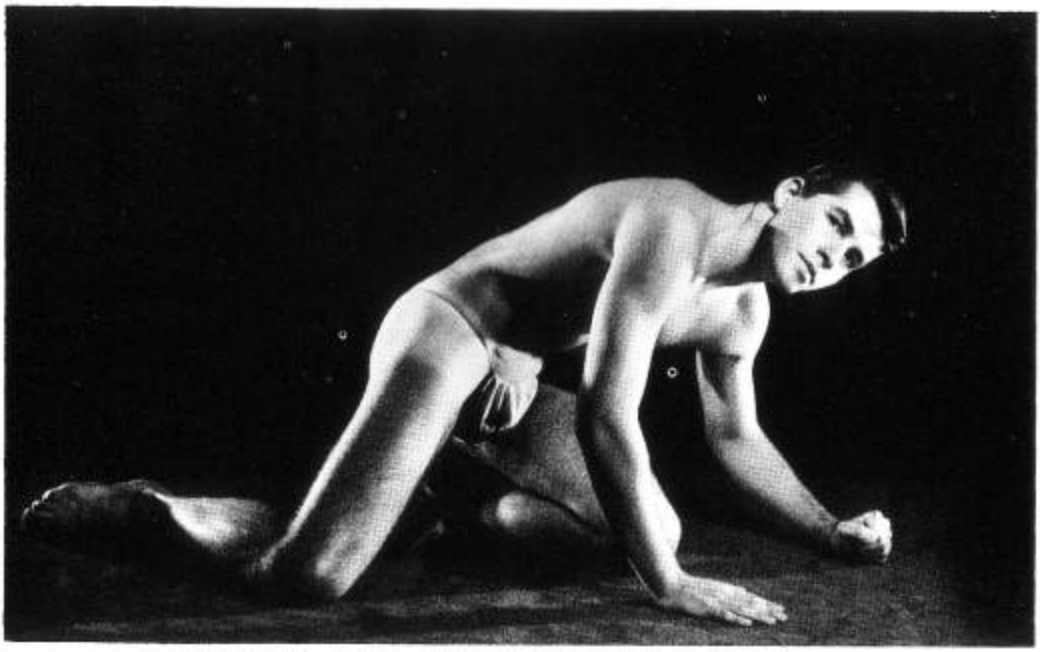

Jean Baude, photo by John Graham

COVERMAN: Young and Handsome Is WALLY GRIMME in Photos by SCOTT

FIZEEK • Number 18 • May 1962

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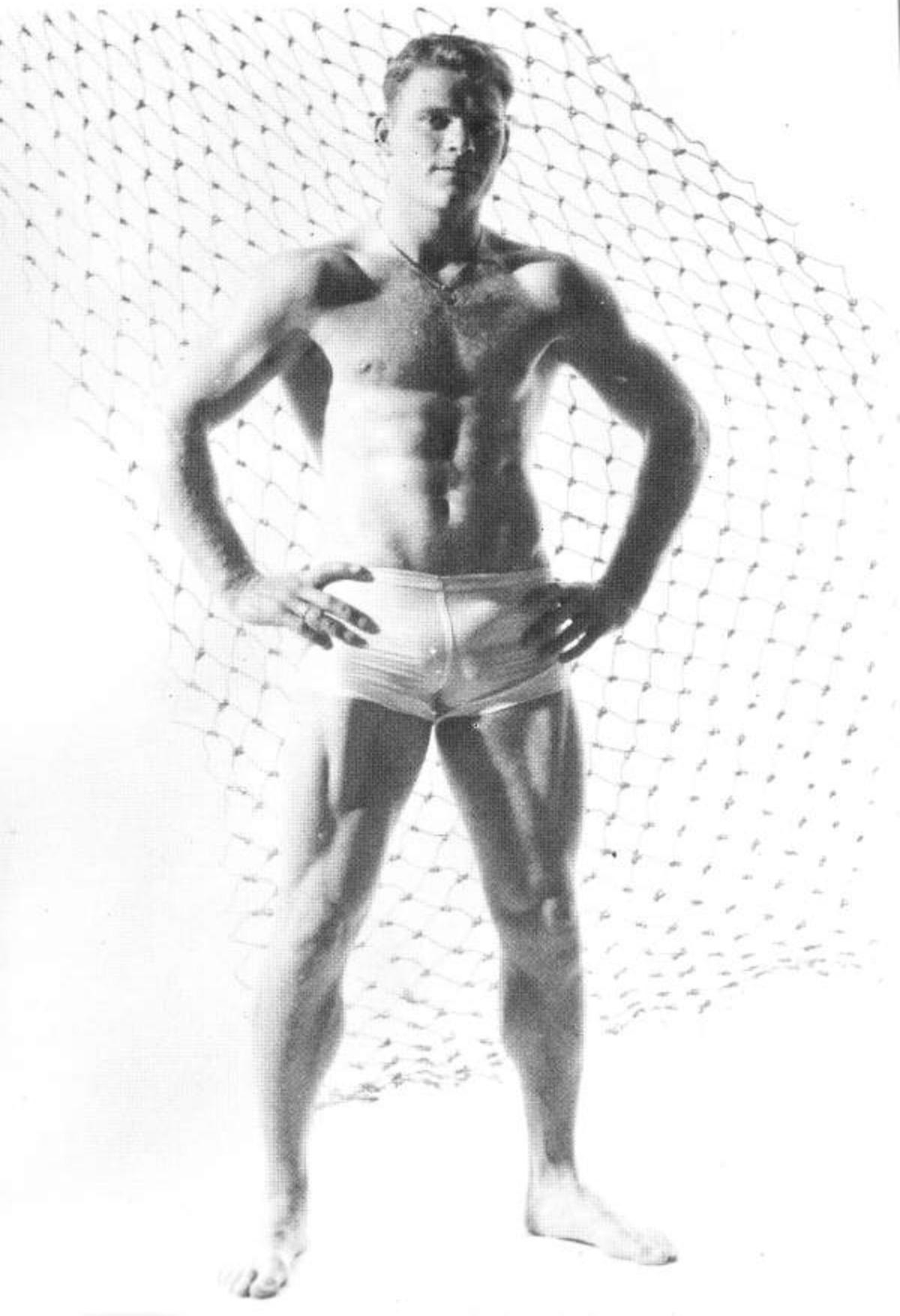


what does your BIRTHSTONE mean?

by CARLSON WADE

Here's an informative and entertaining feature—the meaning of your birthstone, according to the month in which you were born. Look up your own birthstone and legend . . . and that of your buddy's.

Each month of the year has its own birthstone. And there is a legend behind each birthstone. Here's a complete chart which you will find entertaining and rather surprising.

JANUARY is the month of the garnet, symbol of constancy. To qualify as gems worth setting, garnets must be of unblemished transparency and the red ones, at least, should have the glow of smoldering fire.

FEBRUARY has as a stone, the amethyst, symbol of sincerity, and it is said to have been the favorite stone of St. Valentine. Amethysts were also worn by the Crusaders as symbols of inner serenity and safeguards against unrest.

MARCH is the month of the aquamarine and the bloodstone, both symbols of courage. The aquamarine was worn by the ancients for protection against the perils of the sea. The bloodstone is a dark green variety of quartz spotted with red inclusions of jasper.

APRIL is the month of the diamond, symbolizing innocence. Attributed to the sun as its gem of light, the diamond inspired even primitive people to a new belief in unconquerable virtue.

MAY is the month of the emerald, believed to be lucky for women, bringing them happiness in love and comfort in domestic affairs.

JUNE is the month of the pearl, the alexandrite and the moonstone, all signifying health and long life. The pearl is important in Oriental legend as a symbol of health, energy, beauty and thought. The alexandrite has two lives in color: a splendid green by day and amethystine red by candlelight. The moonstone, a gem of limpid and misty light, was once regarded as a love charm during the waxing of the moon and a good luck charm during the moon's waning.

JULY has as its birthstone the ruby, which is a traditional symbol of contentment. Because of its beauty and rarity, the ruby was sought after by kings for their crowns.

AUGUST has two birthstones. These include the peridot and the sardonyx, both symbolizing the hope and promise of happiness in marriage. According to the ancient legend, the peridot was supposed to have come from the Serpent Isle in the Red Sea, where it could not be found except at night, when it was revealed by its radiance. The sardonyx was reputed to give courage to orators and lovers.

SEPTEMBER is the month of the sapphire, symbol of clear thinking. The Persians believed that the earth rested on a giant sapphire whose color, reflected into the sky, gave it a clear blue.

OCTOBER has two stones, the opal and the tourmaline, both signifying hope. The opal has been treasured for centuries and emperors have worn it to guard their honor. The tourmaline, said to have the power to dispel fears and melancholia, is found in almost every color including dark green, pink, red, blue, violet and also brown.

NOVEMBER has for its birthstone the golden topaz, which is a clear and glowing emblem of fidelity and true friendship.

DECEMBER has two stones. These are the turquoise and the zircon, both blue gems tinted lightly with green, symbolizing prosperity. Because an ancient Persian king discovered a turquoise on the eve of a victorious battle, the stone came to stand for a fortunate event. The zircon was once believed to contain magic power of evil spirits and poison. Like diamonds, zircons need skillful cutting with many facets to show their fire and brilliance.

In ancient athletics, young trainees who wanted especial physical development of certain body parts would wear either a ring on their finger containing a special

stone—or their shorts would be the color of the favored birthstone. Here is a little chart which, by today's understanding would seem silly, but which was rigidly believed in, many centuries ago.

* * *

GARNET. This red stone was said to imbue powers of strength in the upper arms and shoulders.

AMETHYST. Strengthens the inner organs of respiration and digestion.

AQUAMARINE. Imparts vigor and strength and when worn during exercise, enriches the bloodstream, giving a healthy, outdoor hue to young weightlifters.

DIAMOND. Usually worn by the very young, those barely in their teens and just initiated into the world of athletics and strength.

EMERALD. Elders wore emeralds in the hopes that strength would not leave them in their advanced years.

PEARL. Was believed to influence development of chest muscles.

ALEXANDRITE. When worn, was expected to stimulate stomach muscles to "washboard" development effect.

MOONSTONE. Those who went swimming at night in secluded areas, would wear a moonstone hoping it would give light to guide their way in the waters.

RUBY. This stone was said to influence muscular development of the hips, thighs and lower back.

PERIDOT had powers to strengthen the back muscles and give a handsome muscular development of a "bent bow."

SARDONYX influenced leg muscles.

OPAL would strengthen the ankles and feet, especially toes.

TOURMALINE gave strength of character and a handsome overall effect.

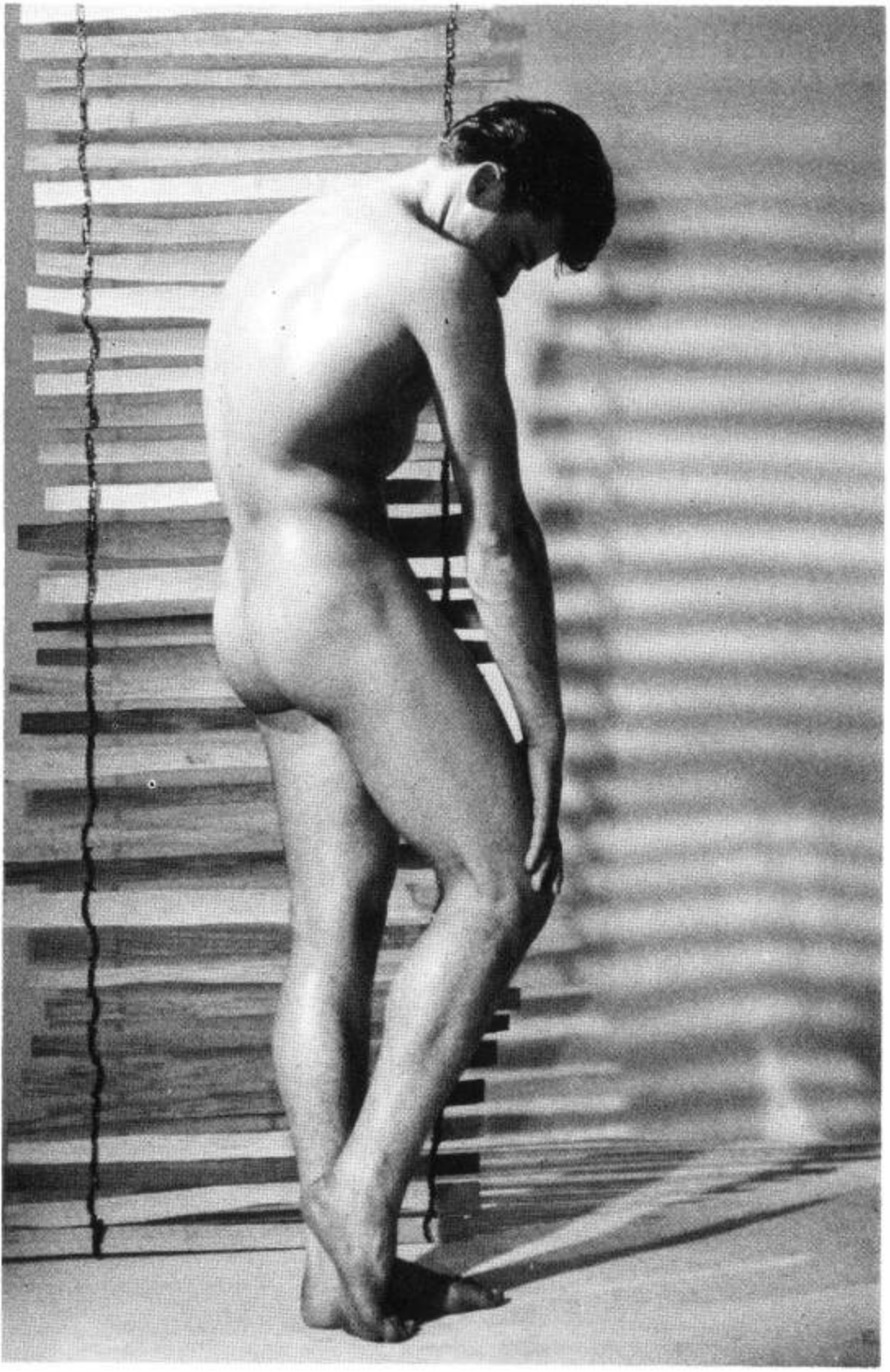
GOLDEN TOPAZ did special wonders for blond athletes, giving their hair the strength and thickness of a lion.

TURQUOISE put color into the faces of the athletes.

ZIRCON, when worn, indicated that a younger athlete was a devoted friend of a more mature trainer.

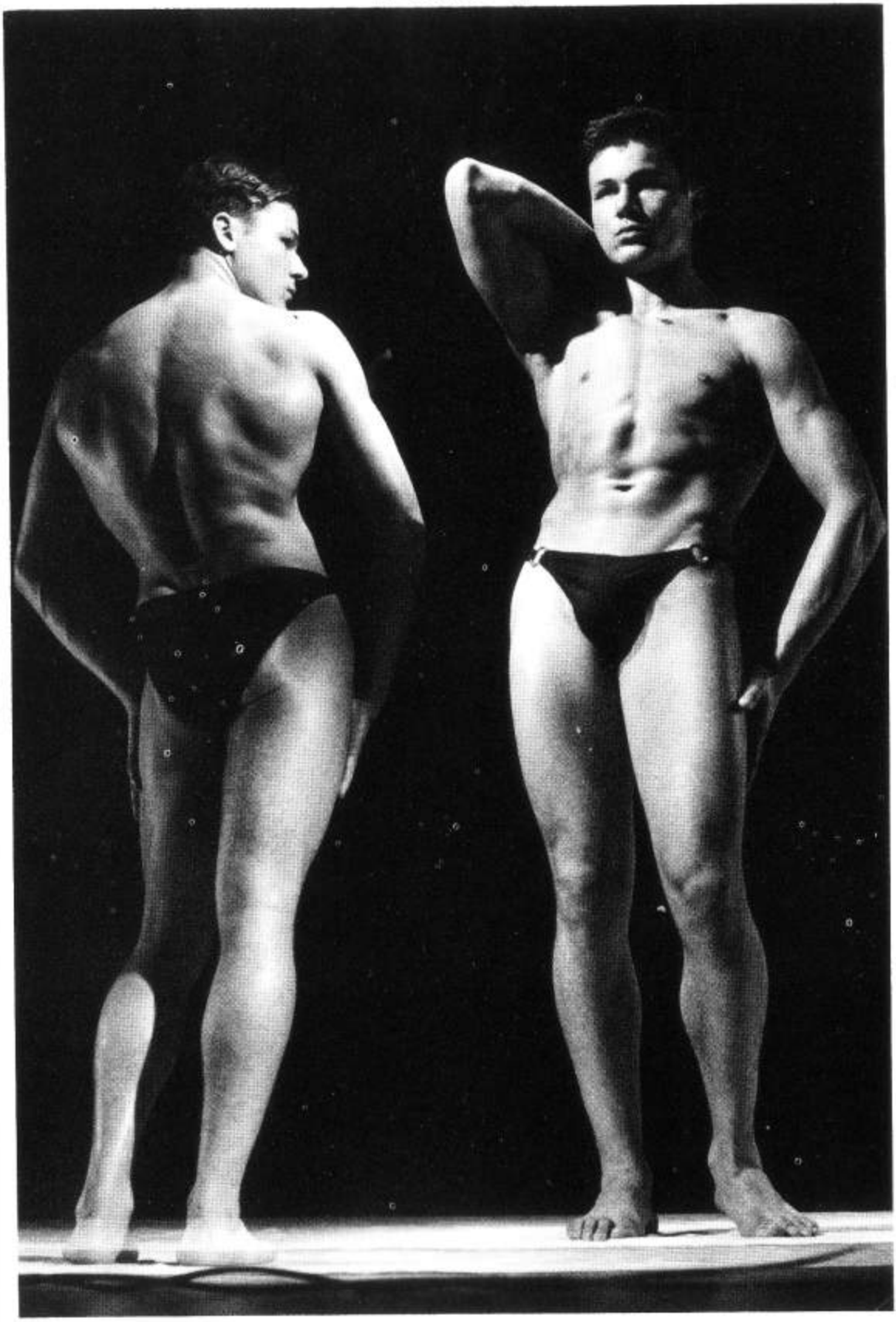
Legends die hard! Today, there are millions of persons who put much belief in their individual birthstones.

THE END



A Youthful 22 years

in Series 17



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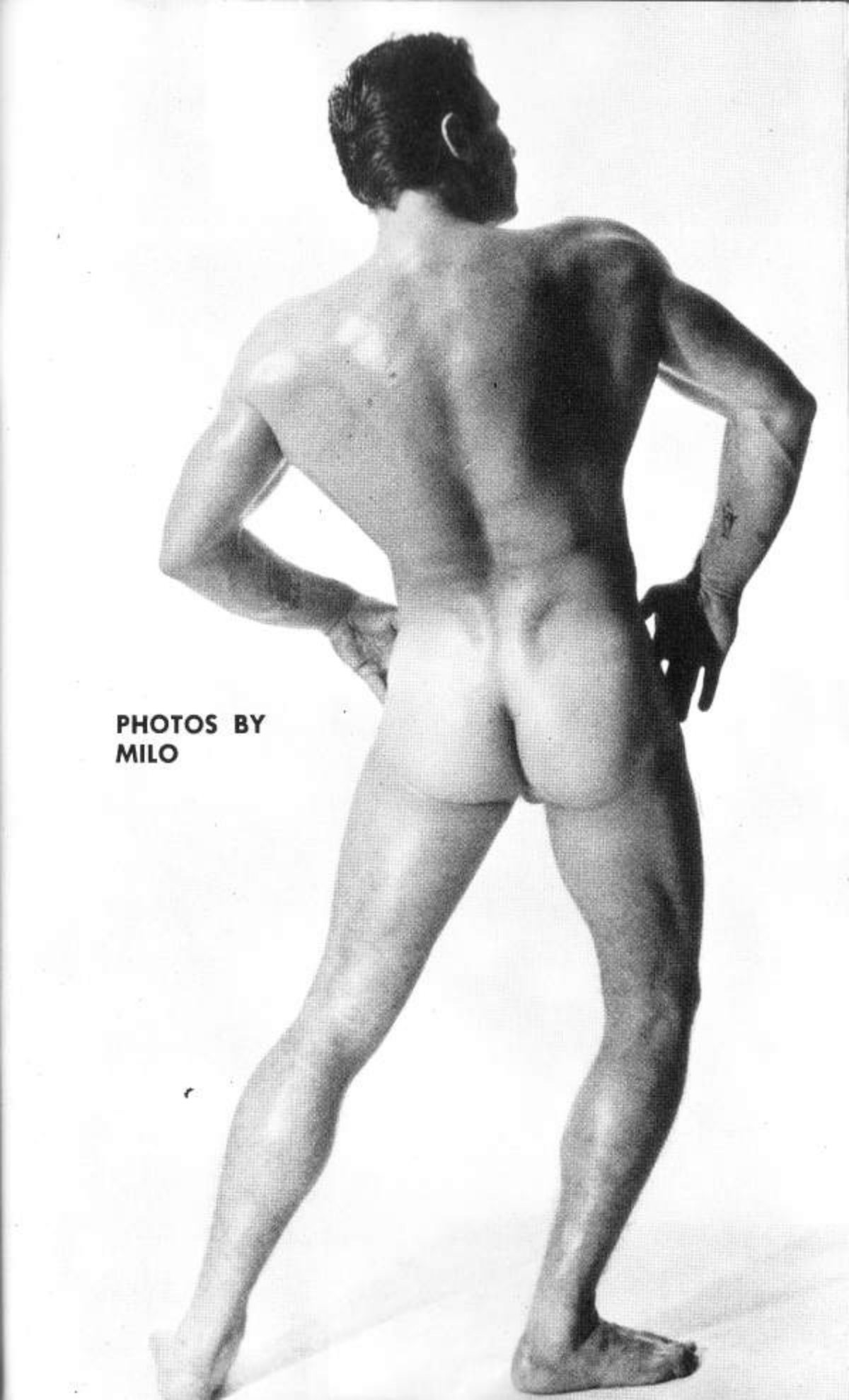

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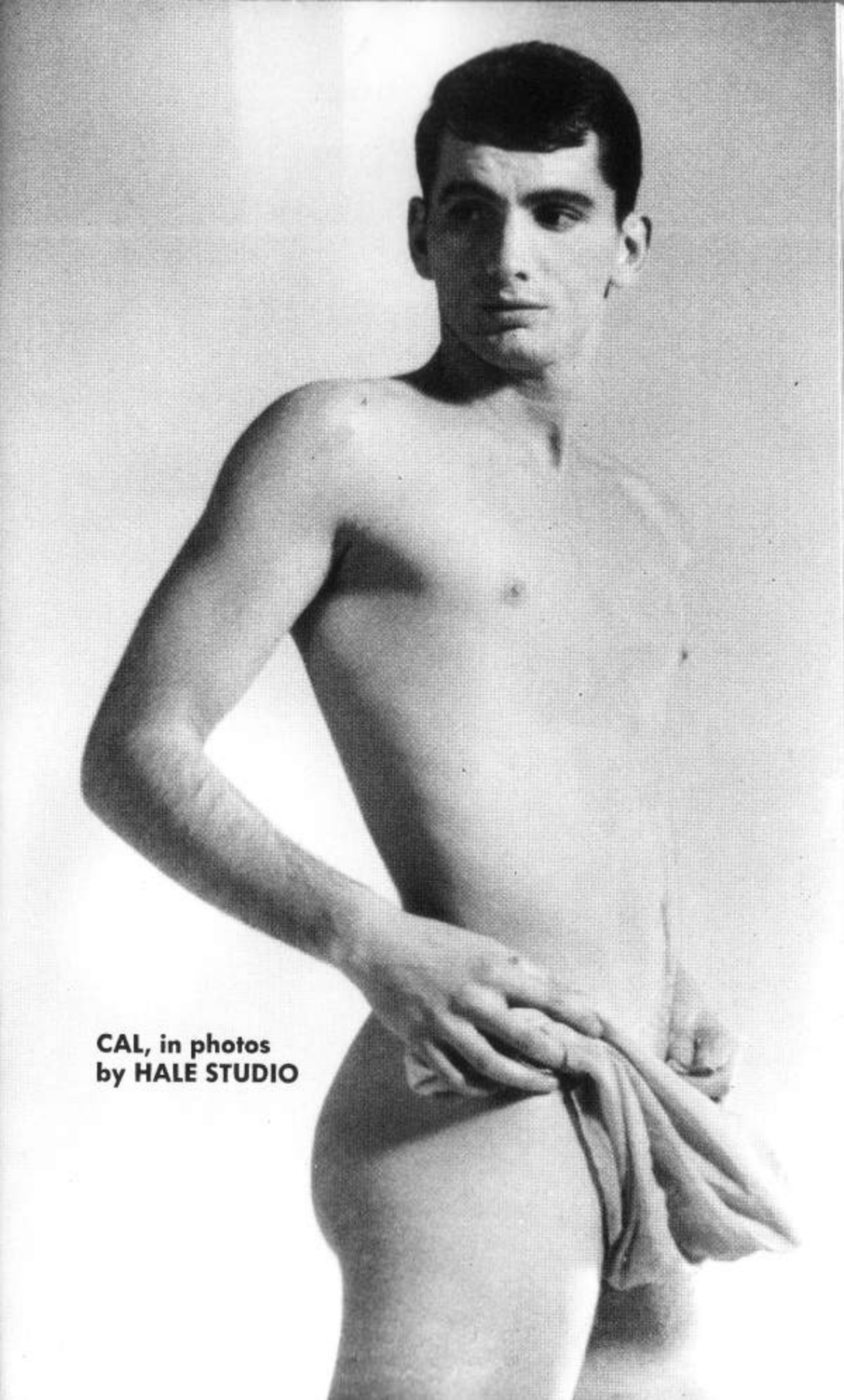

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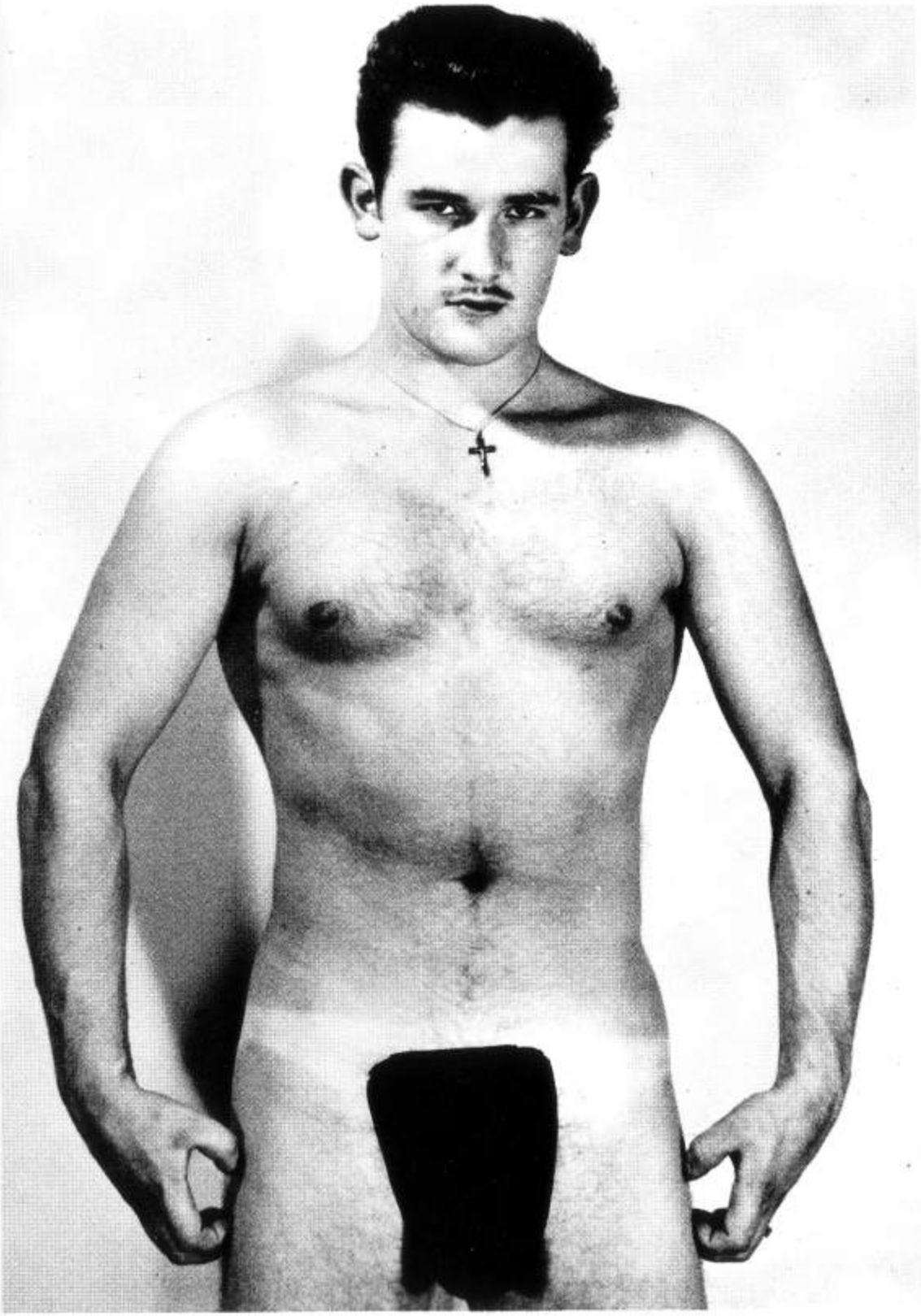

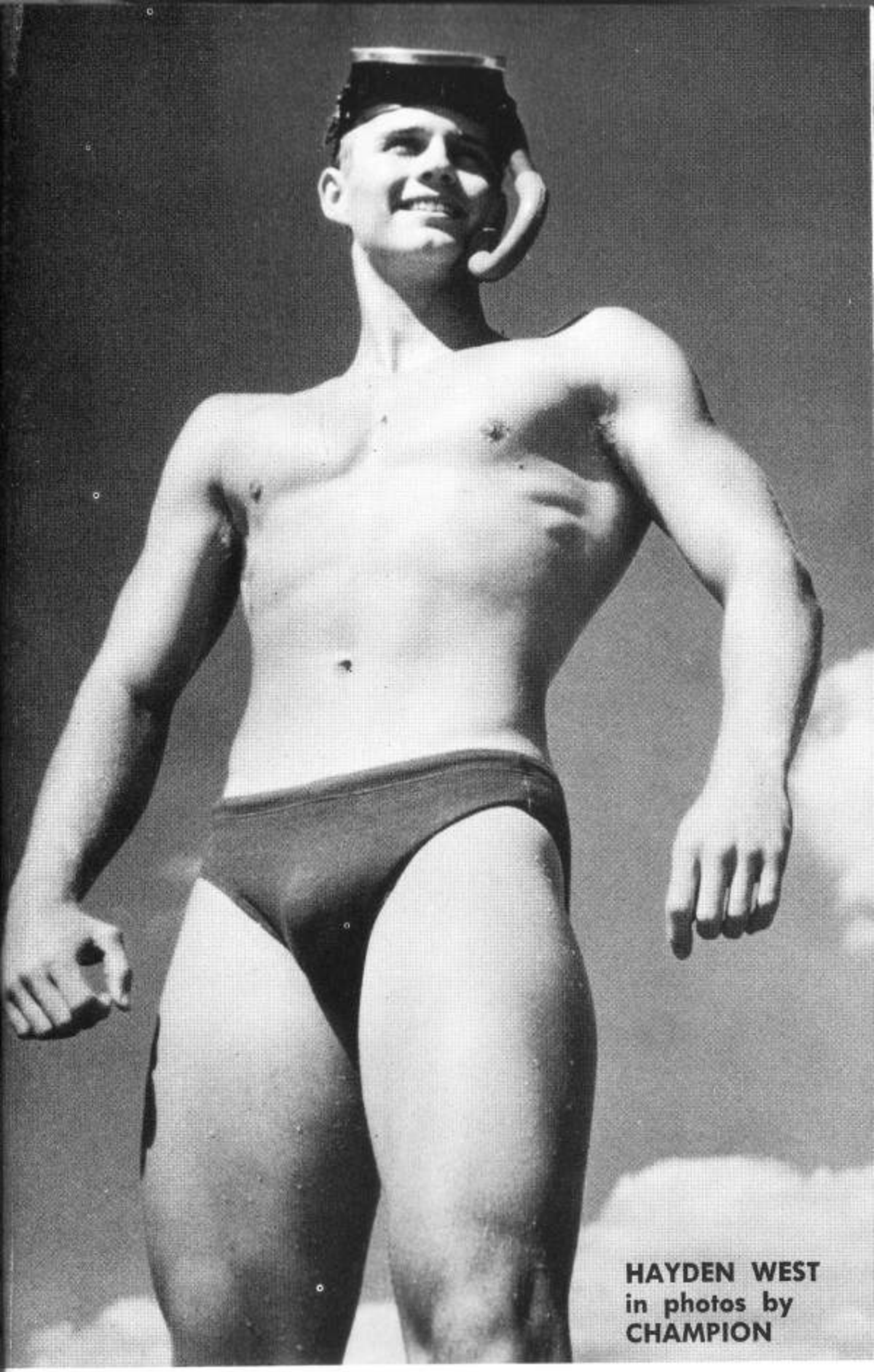
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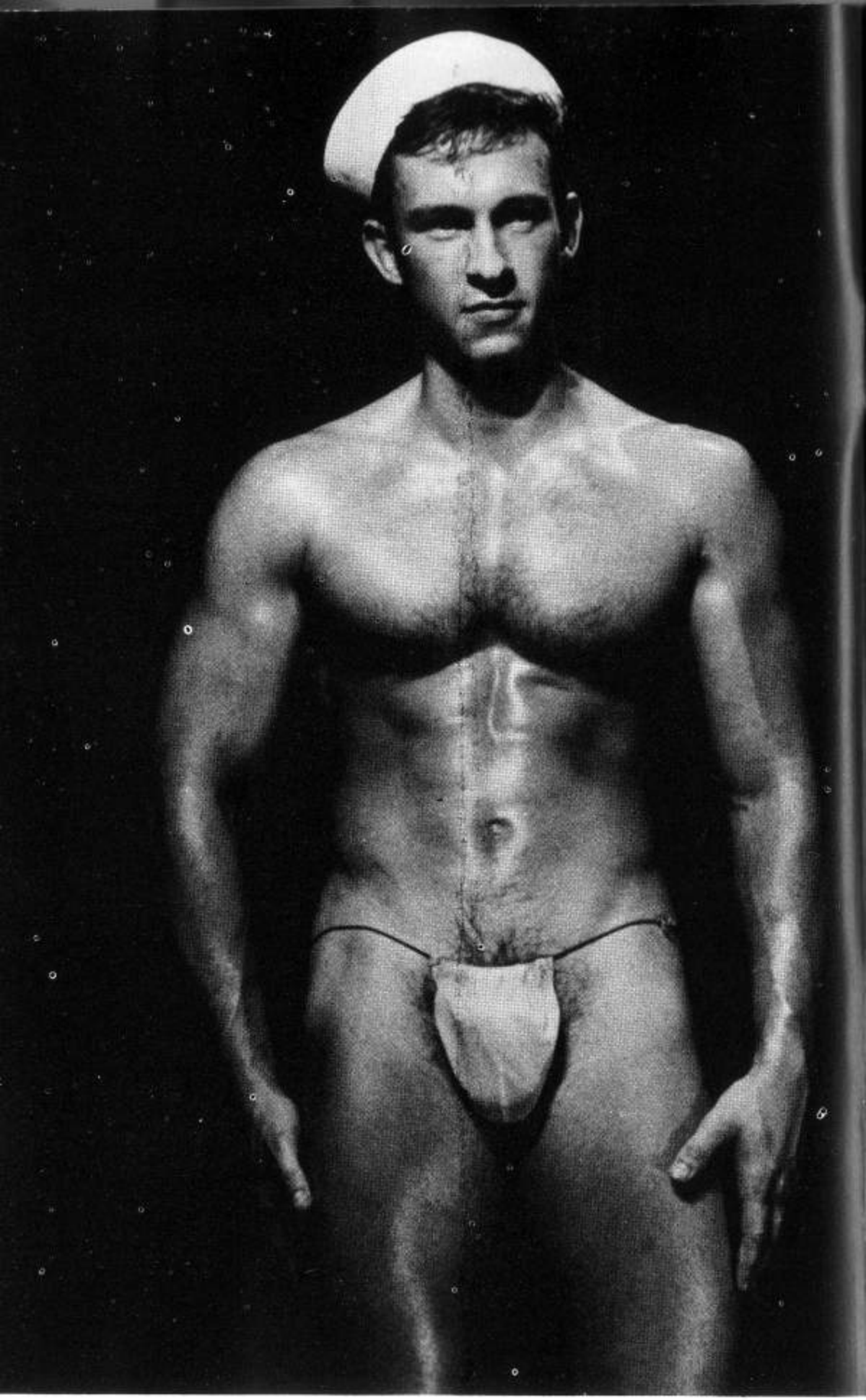
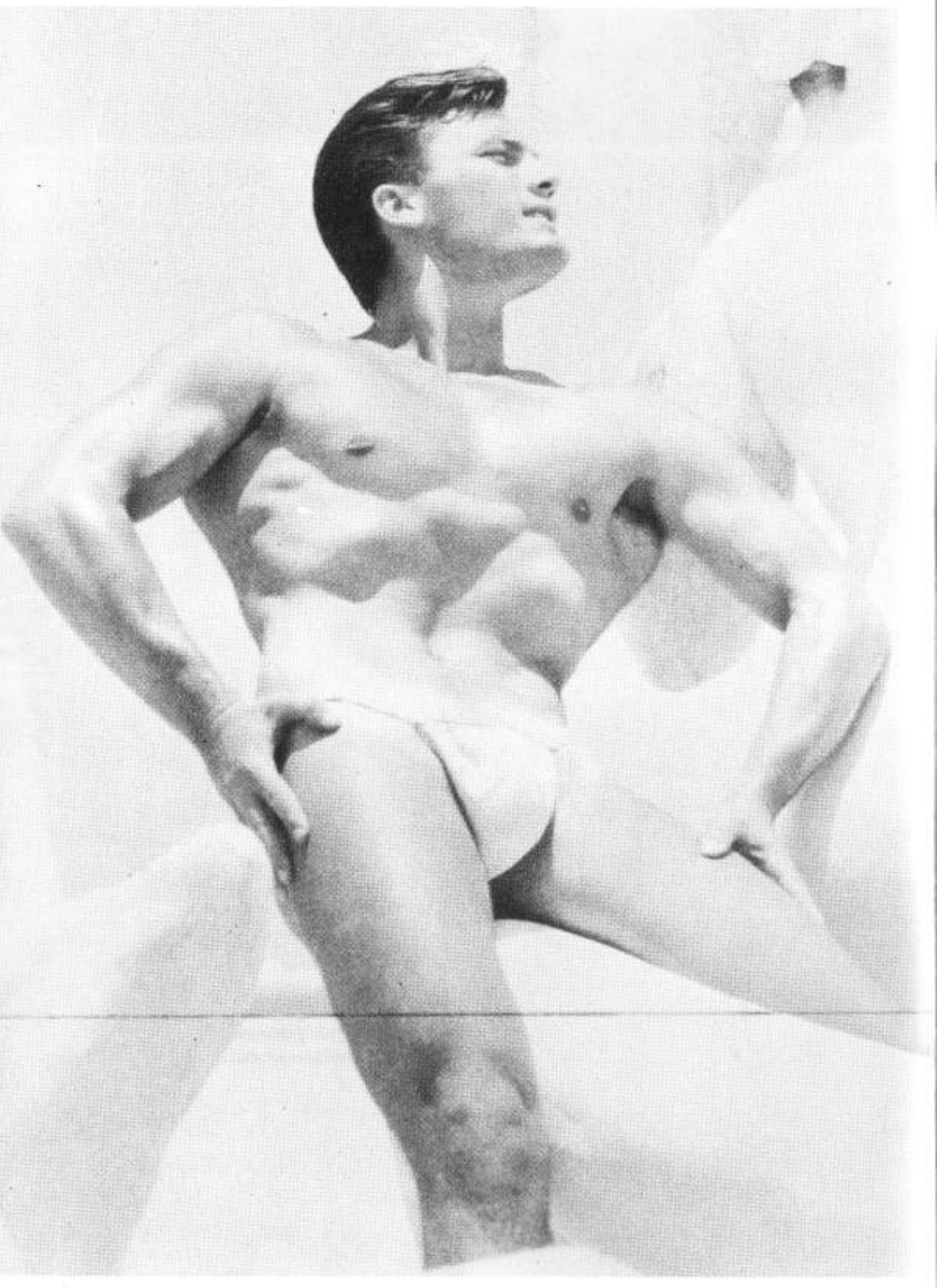


LENNART PETTERSON, opposite, and ARNE & BOSSE ANDERSON, above, are Three Terrific Examples of the work by SVEN SWEDE



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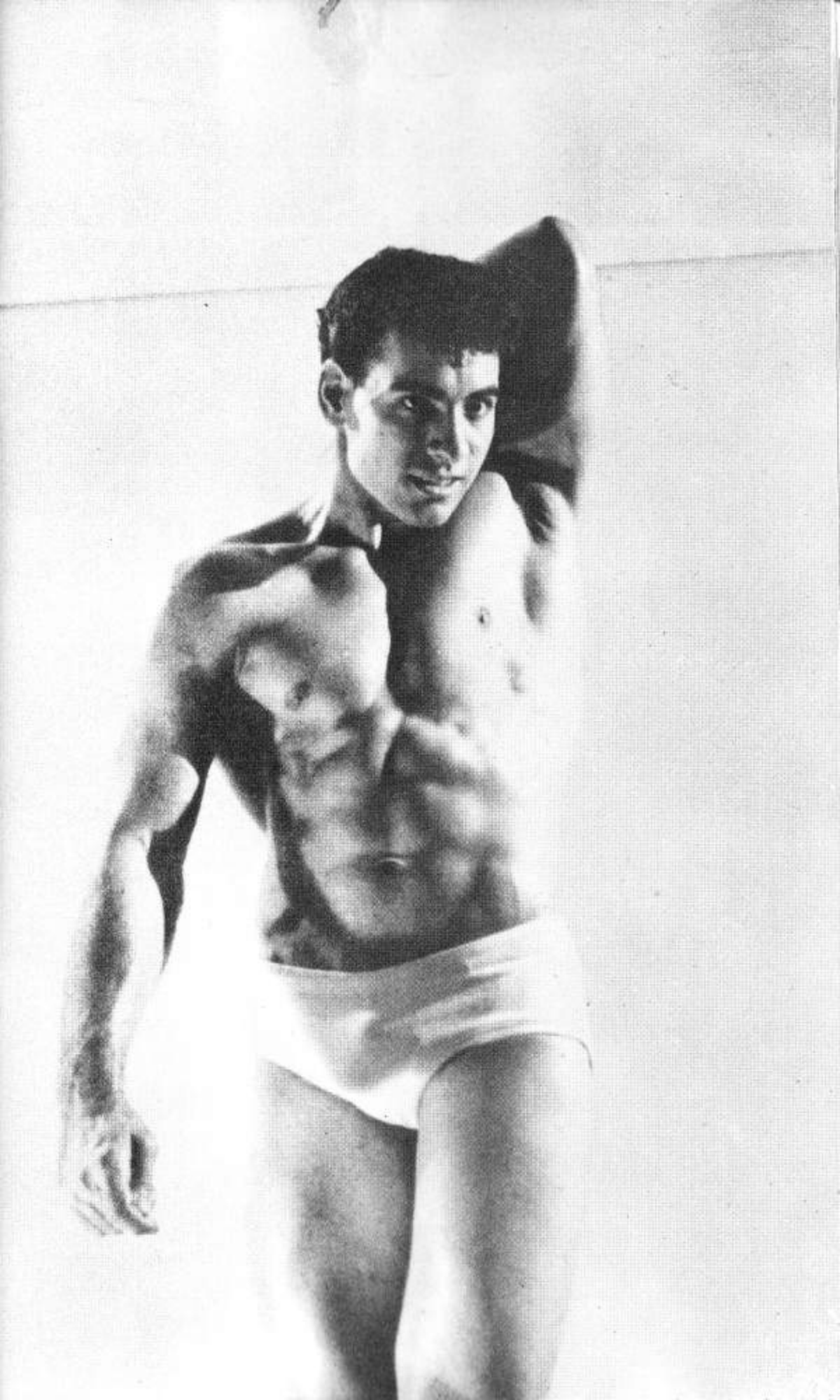

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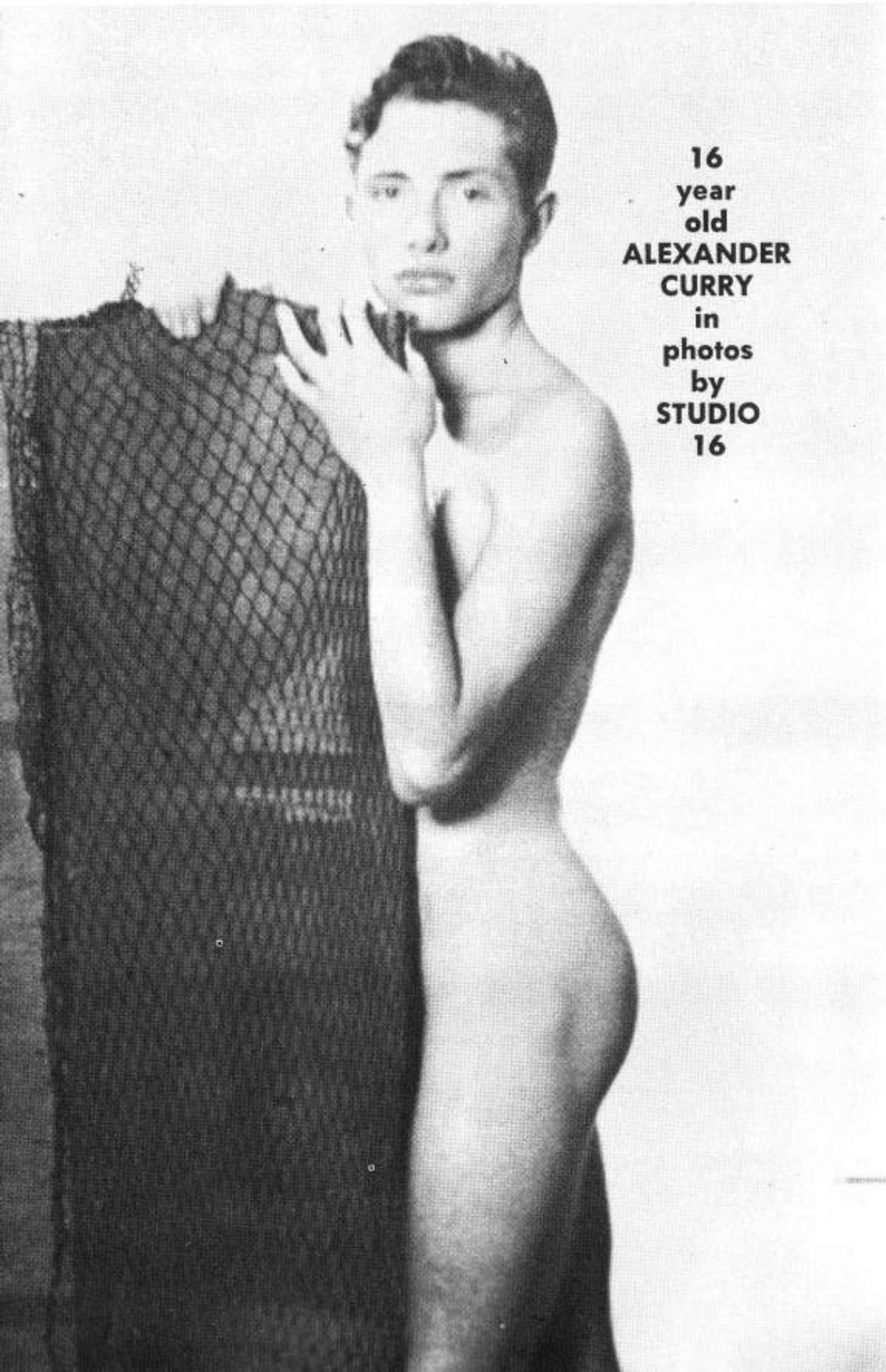

16
year
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ALEXANDER
CURRY
in
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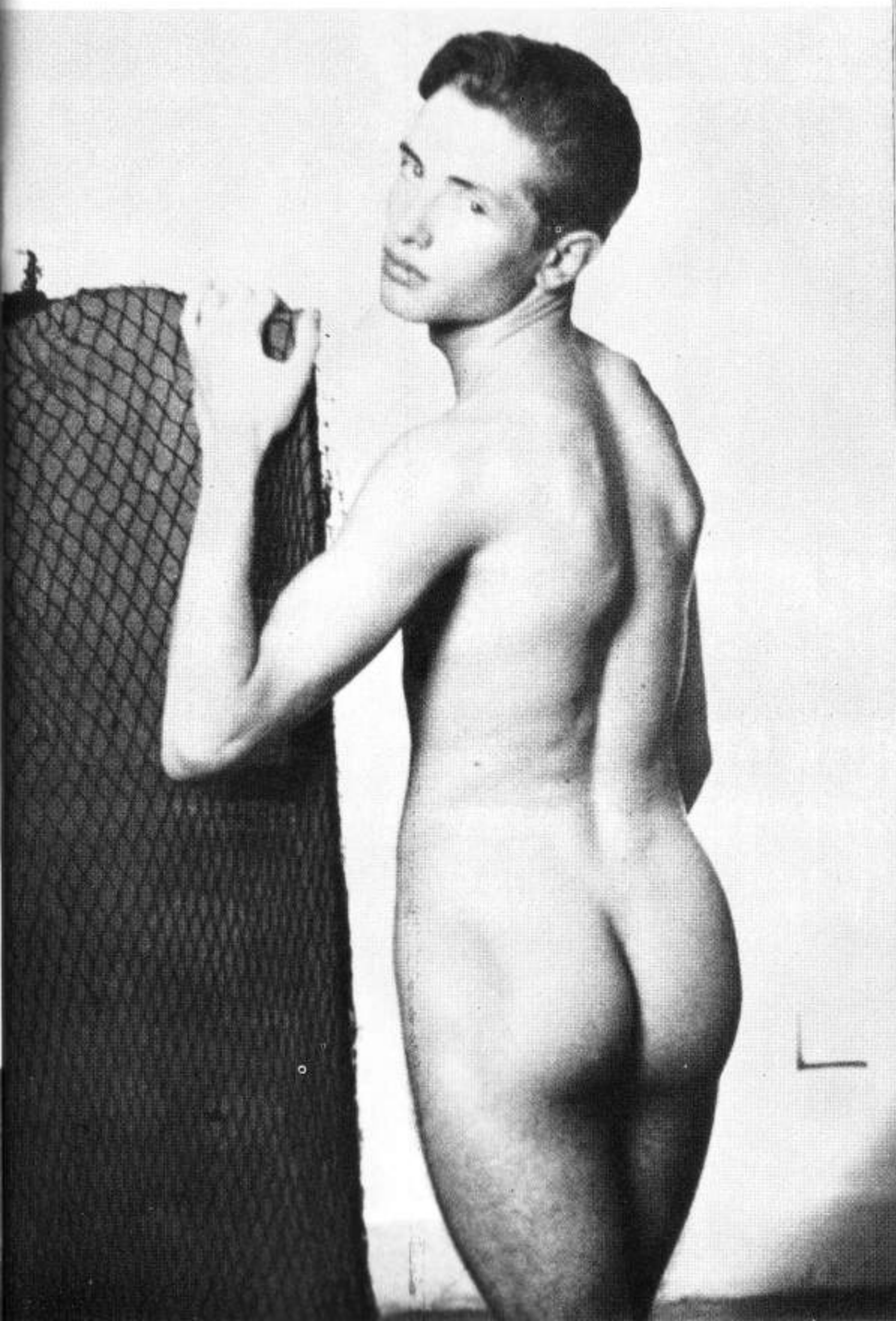
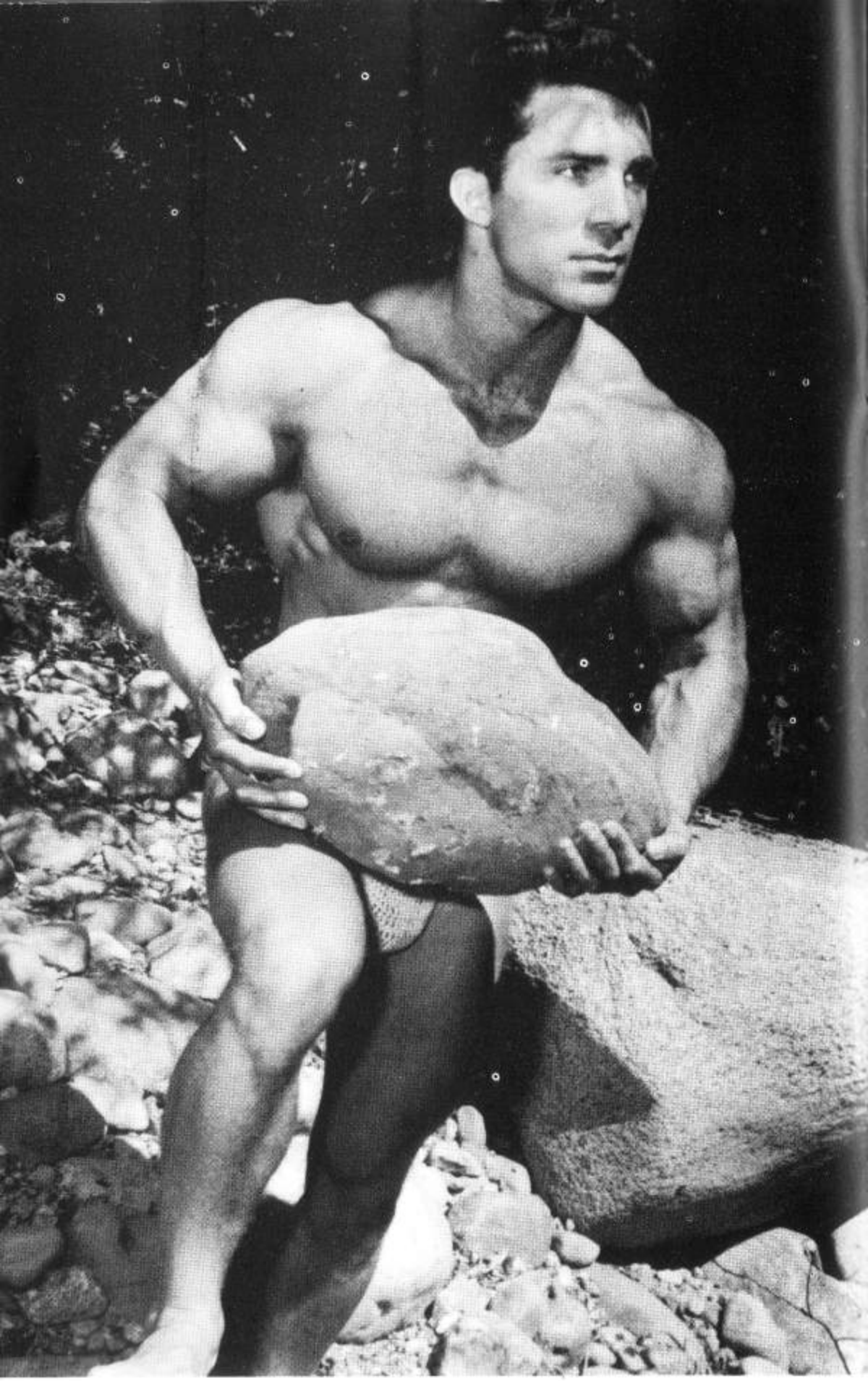
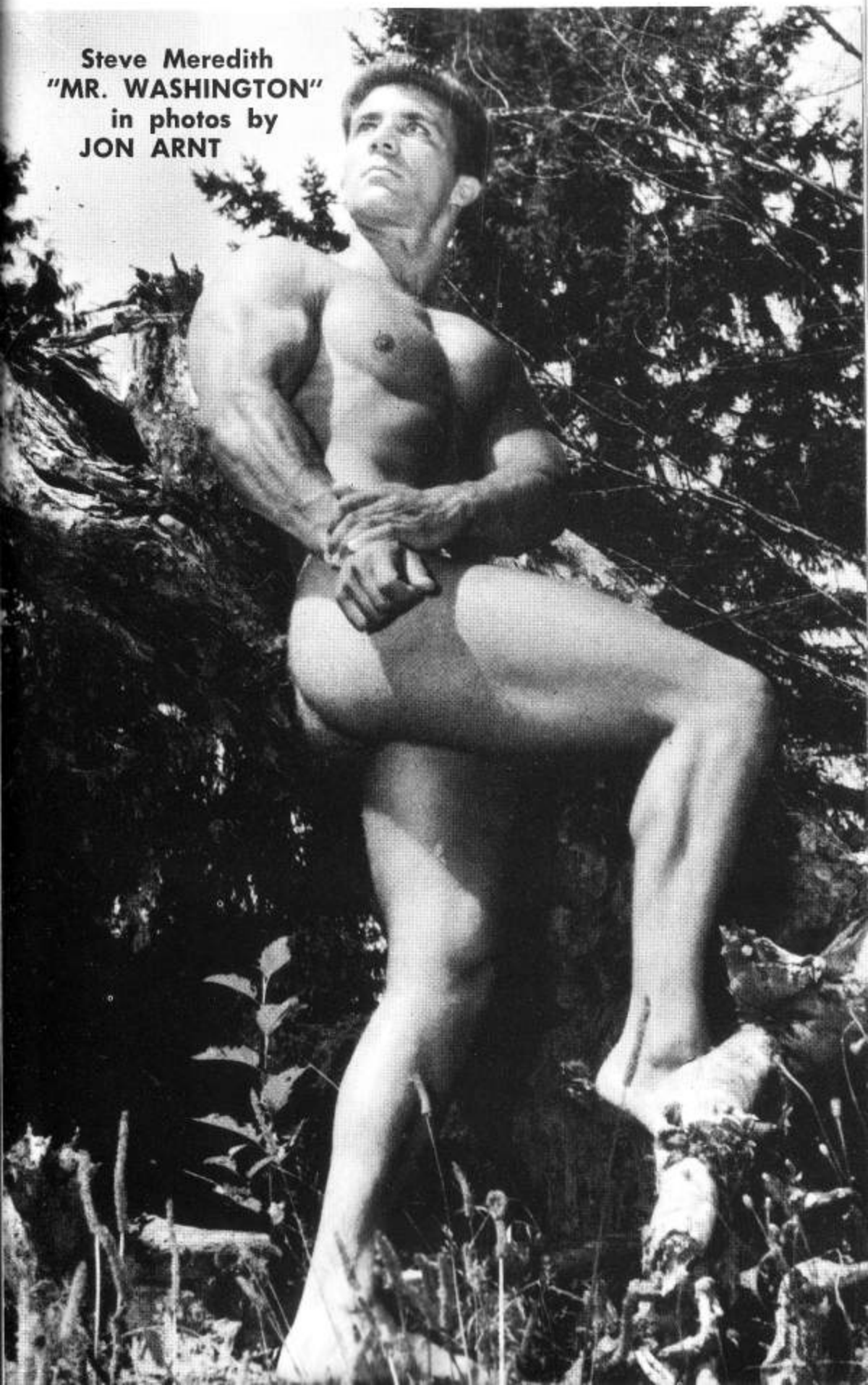
by
STUDIO
16



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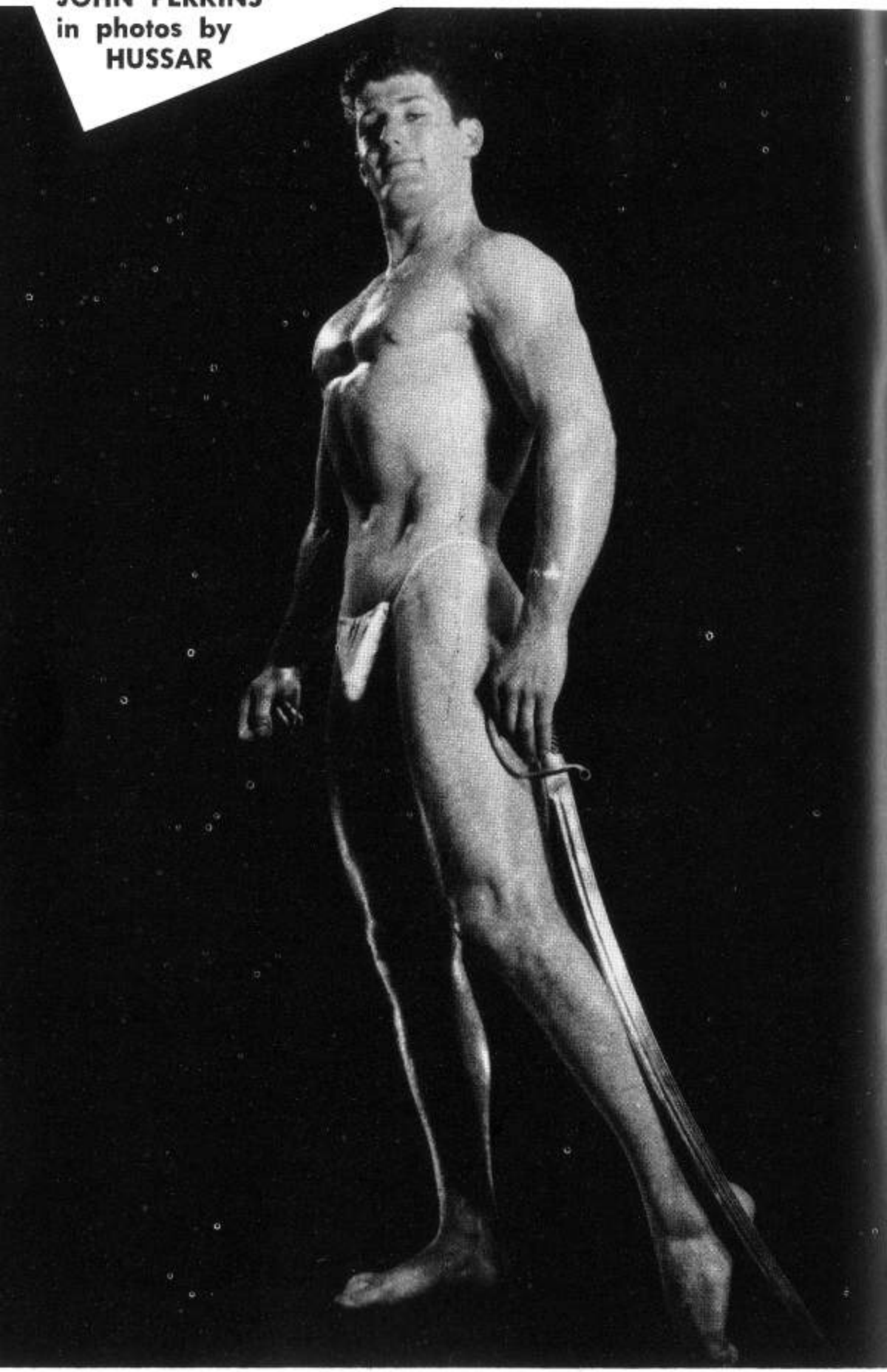
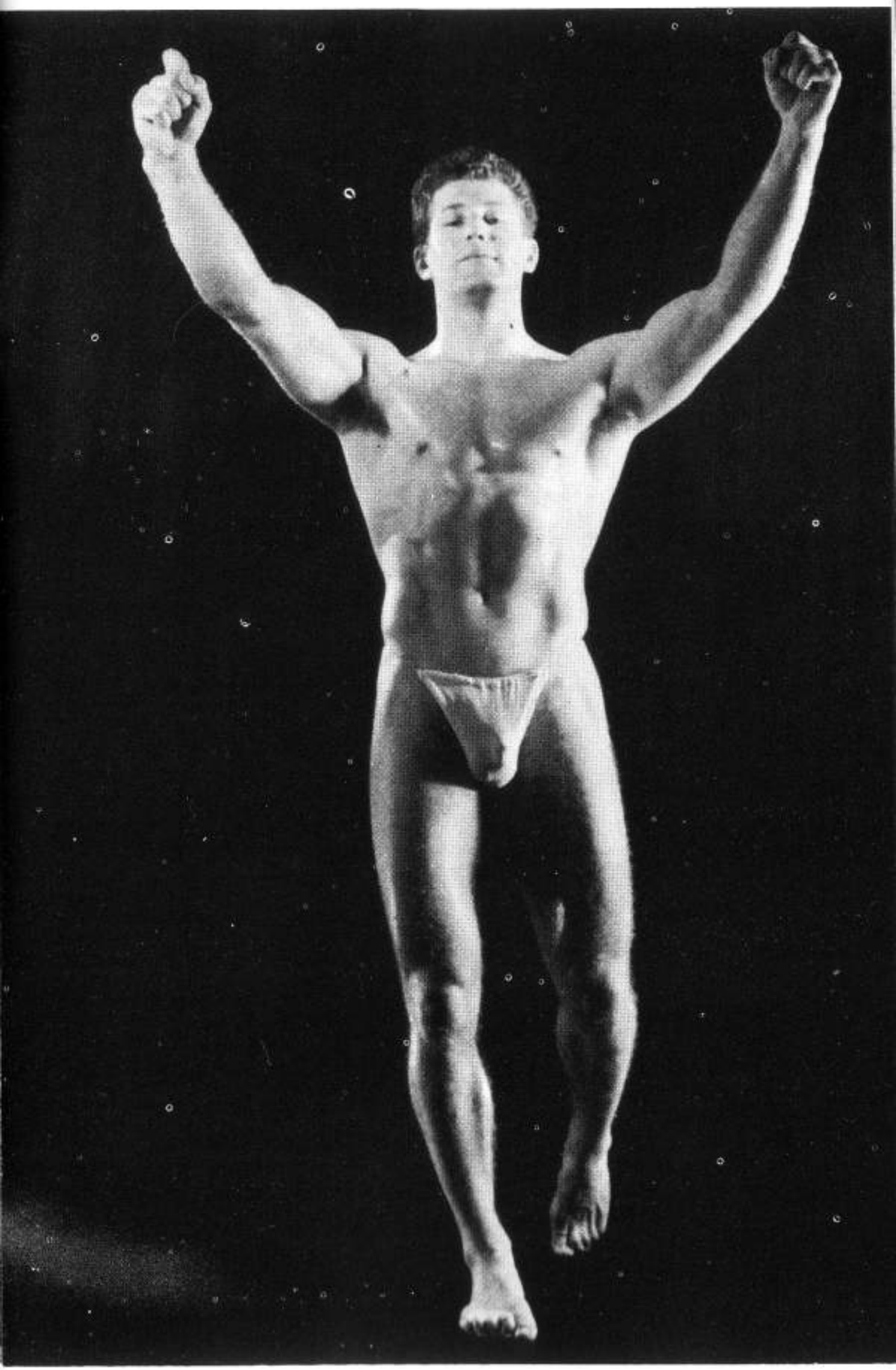
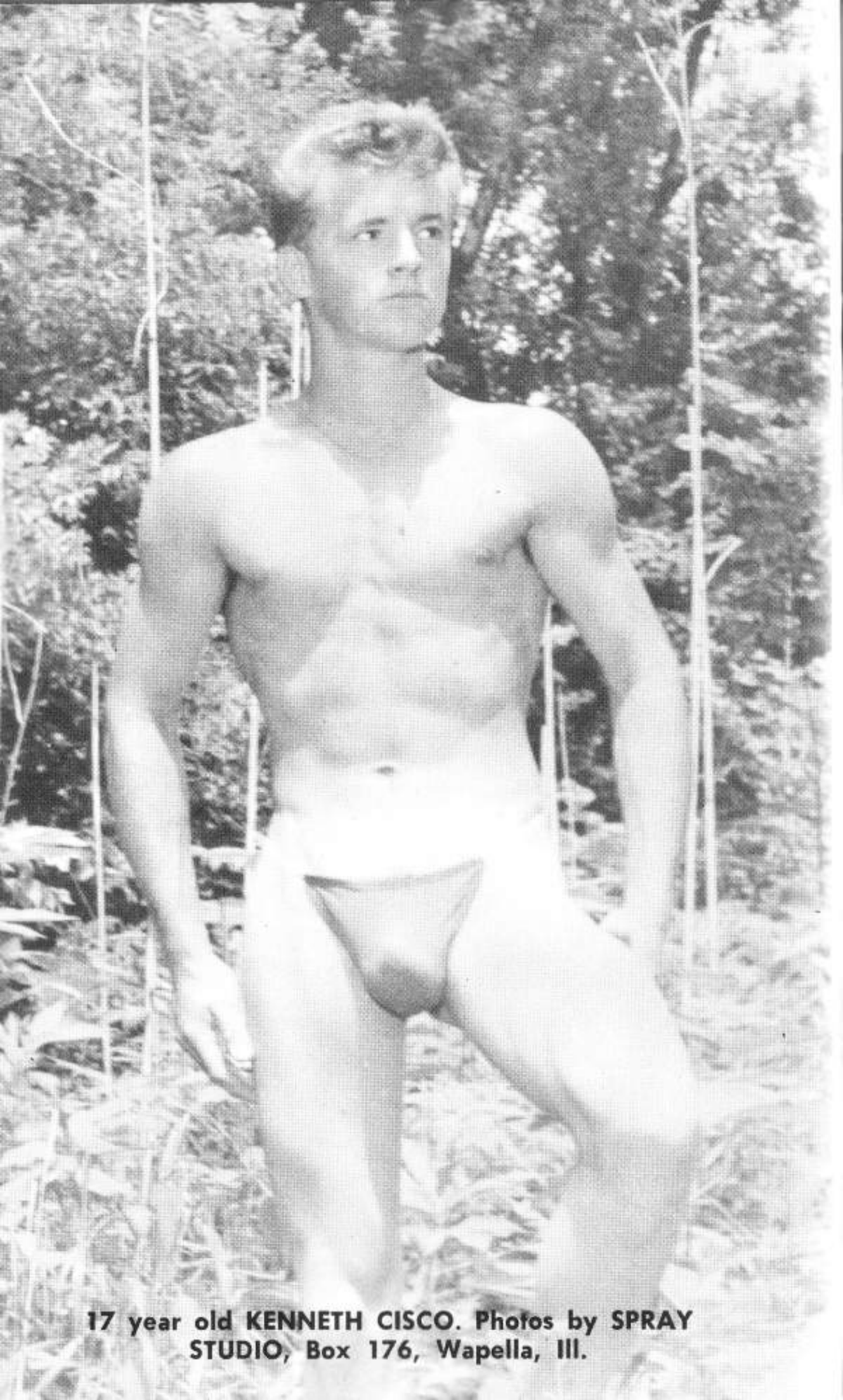
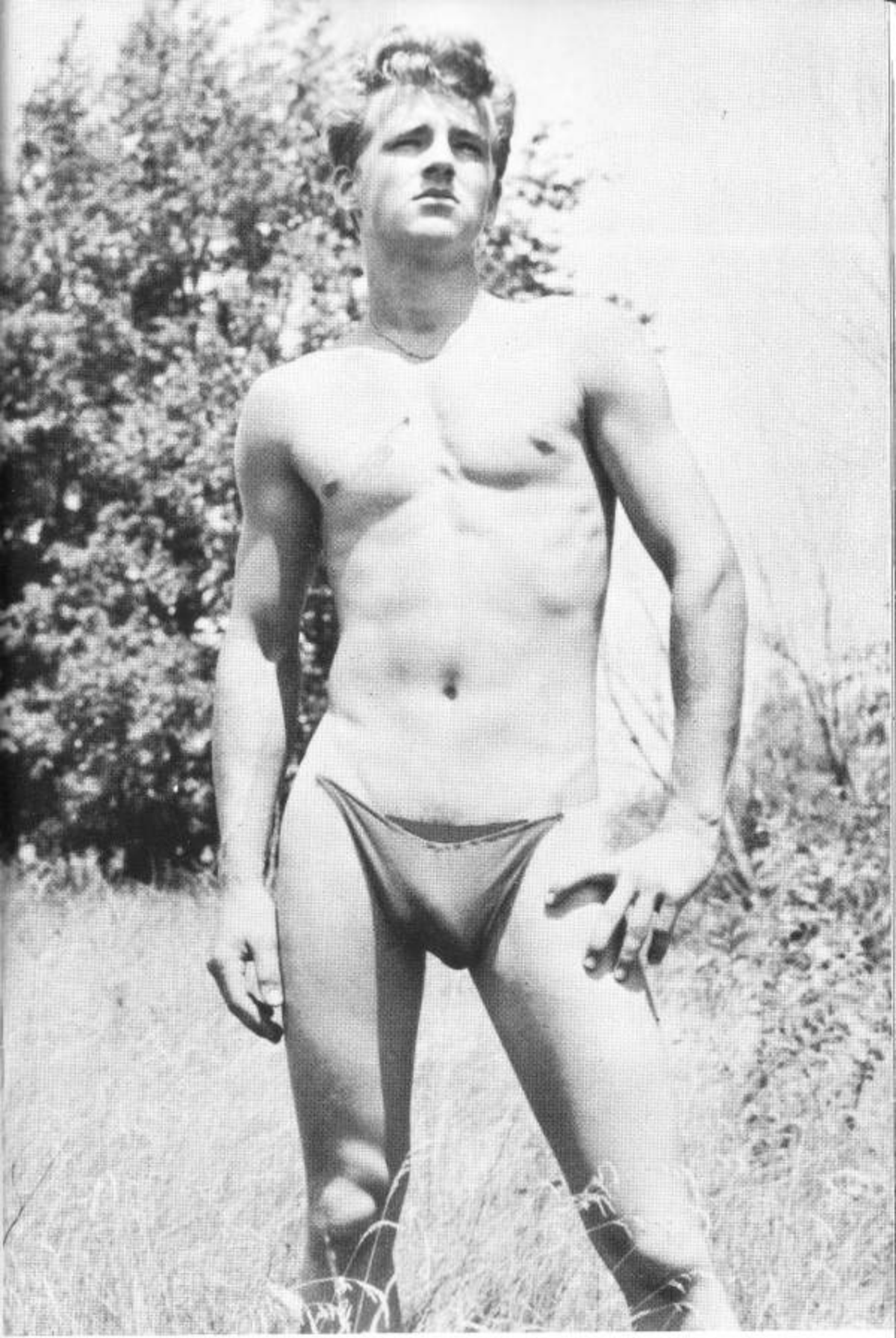
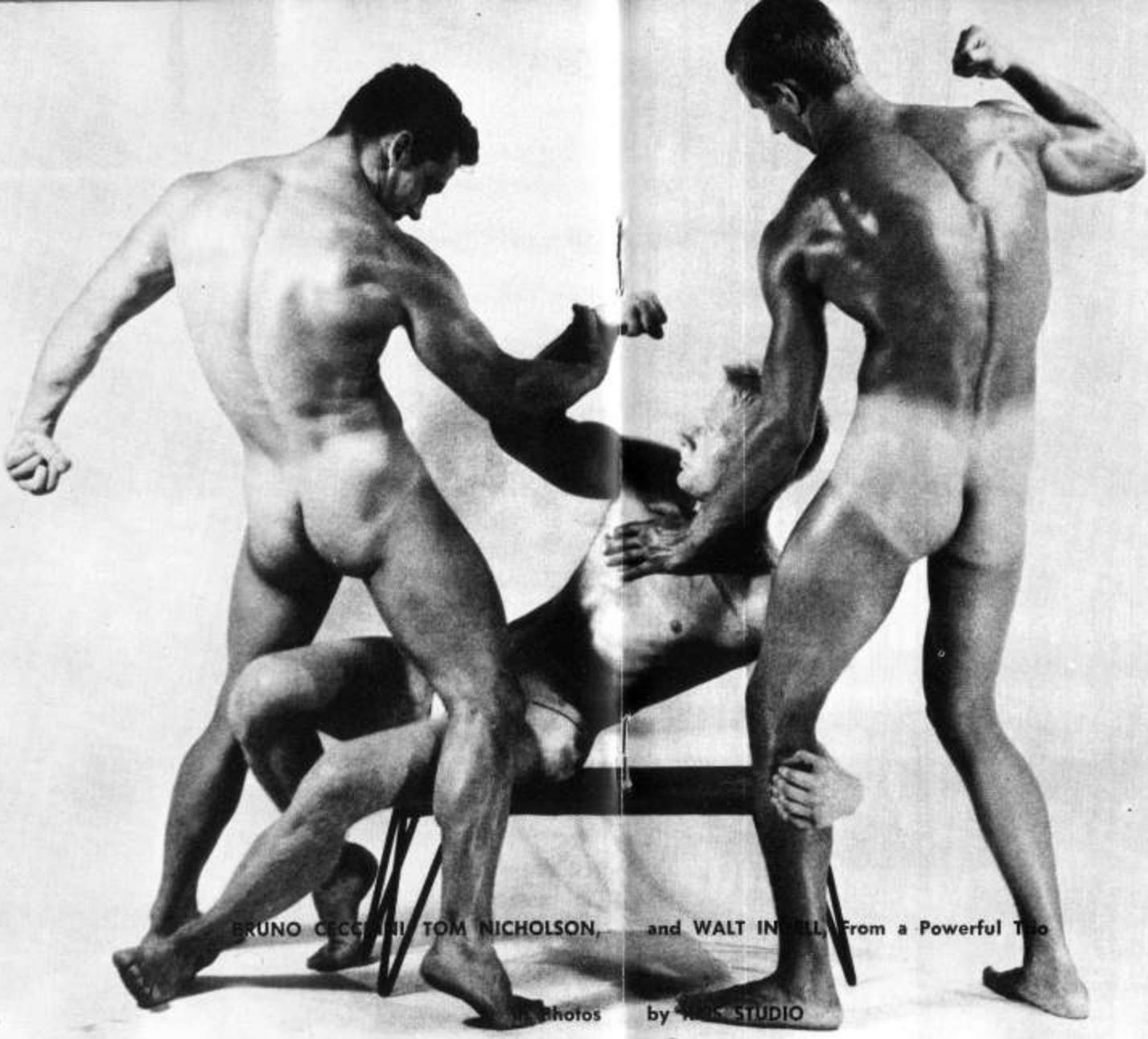






17 year old KENNETH CISCO. Photos by SPRAY STUDIO, Box 176, Wapella, Ill.





BRUNO CECCHINI, TOM NICHOLSON, and WALT INGFELL, From a Powerful Trio

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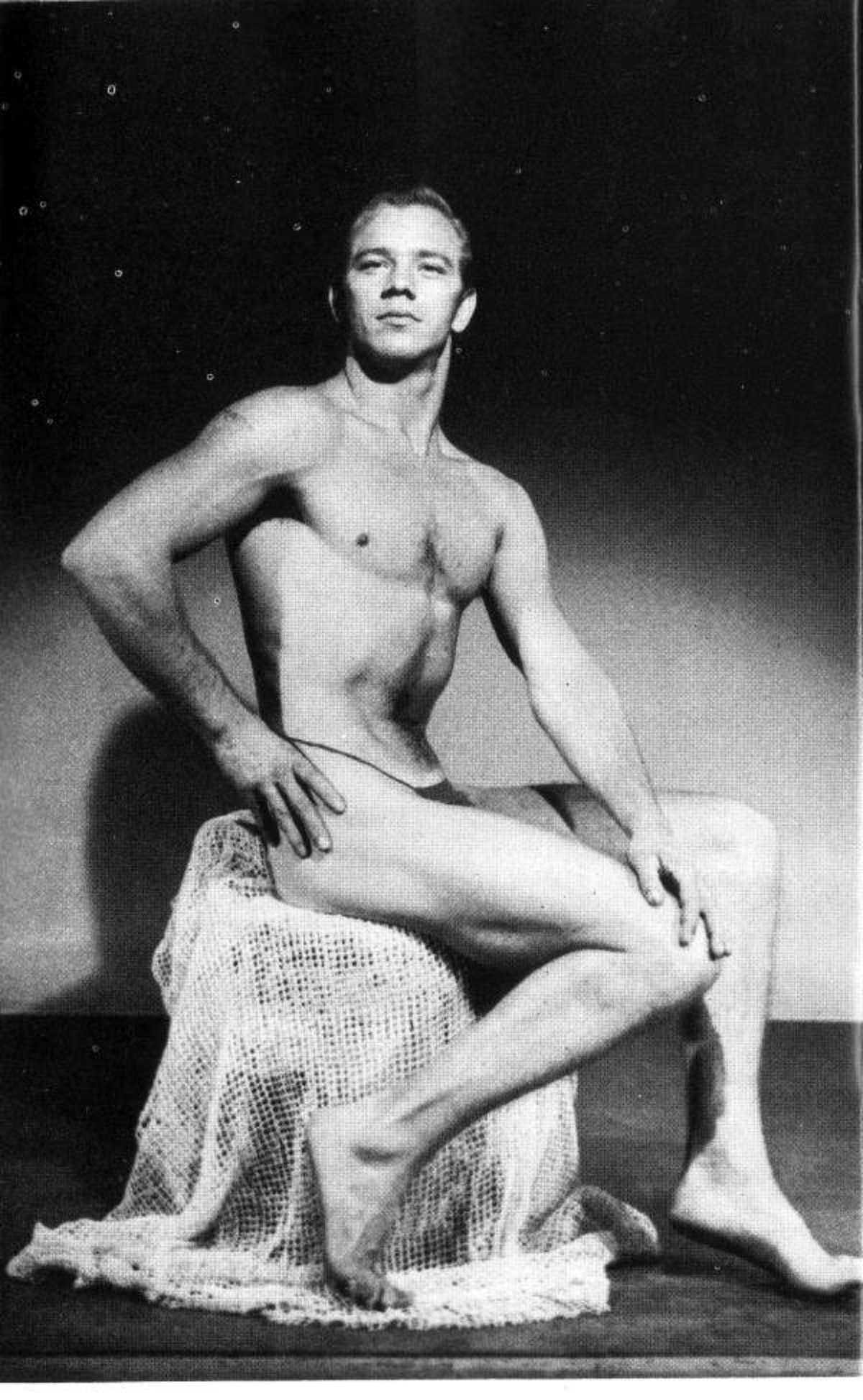

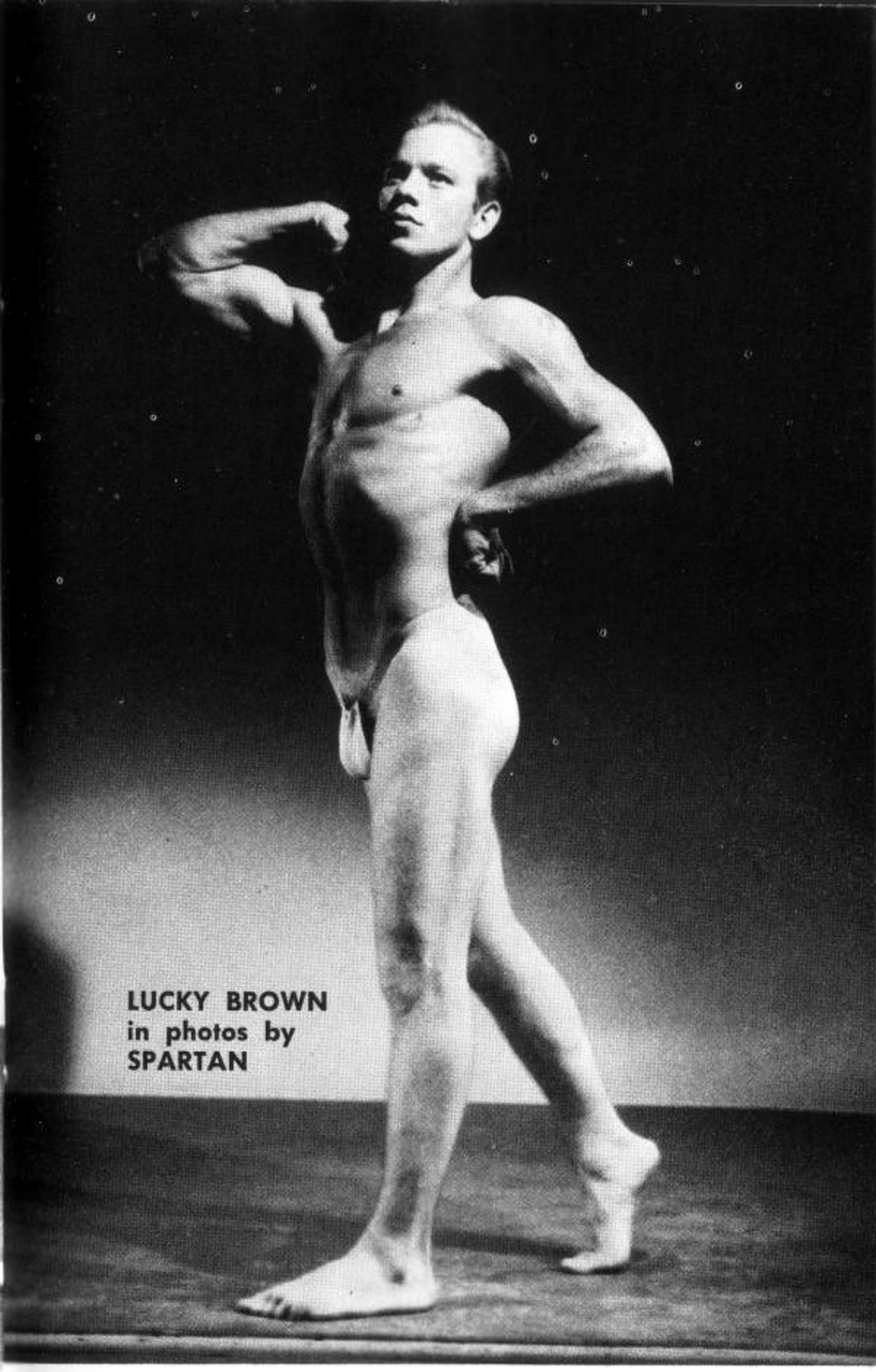
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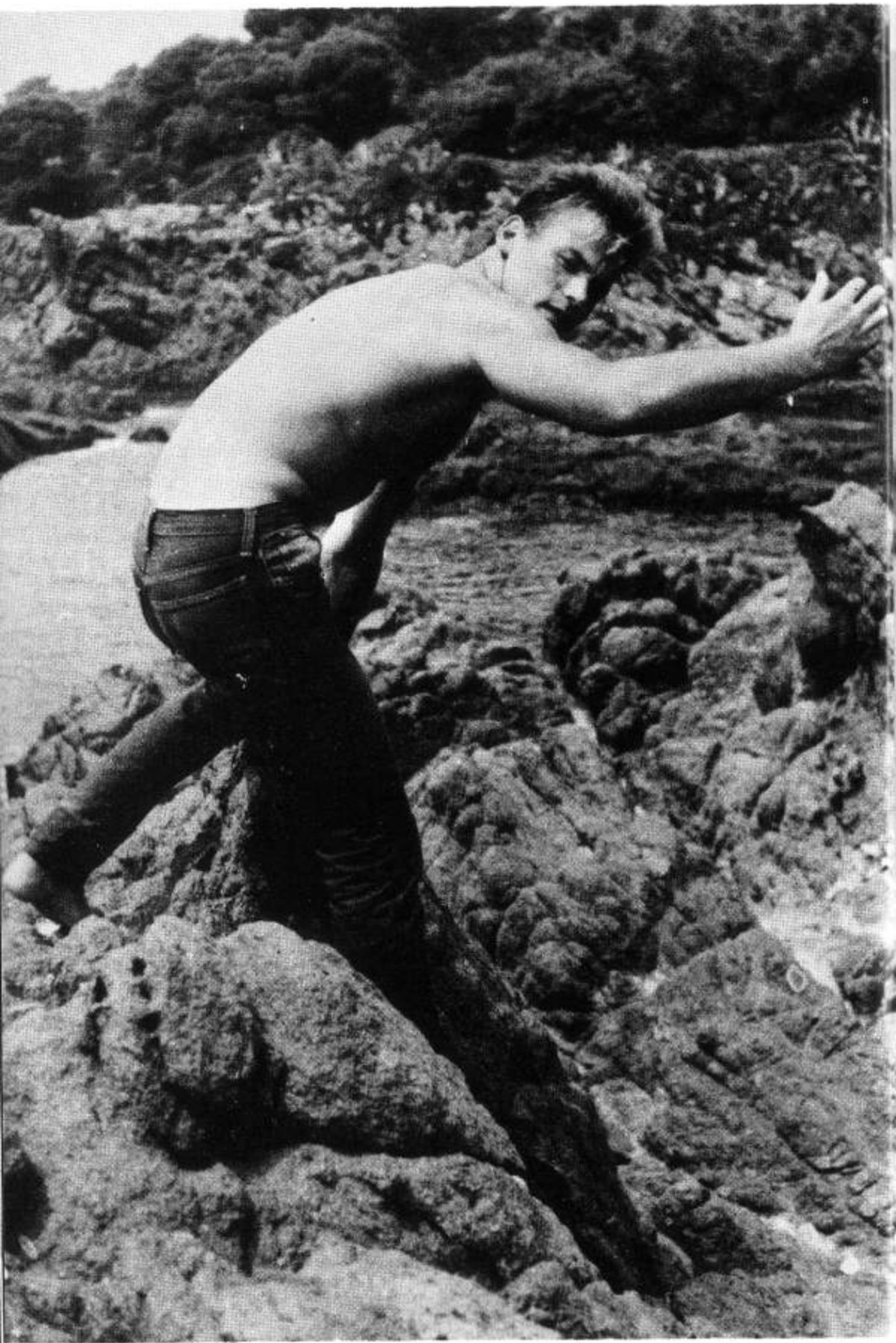

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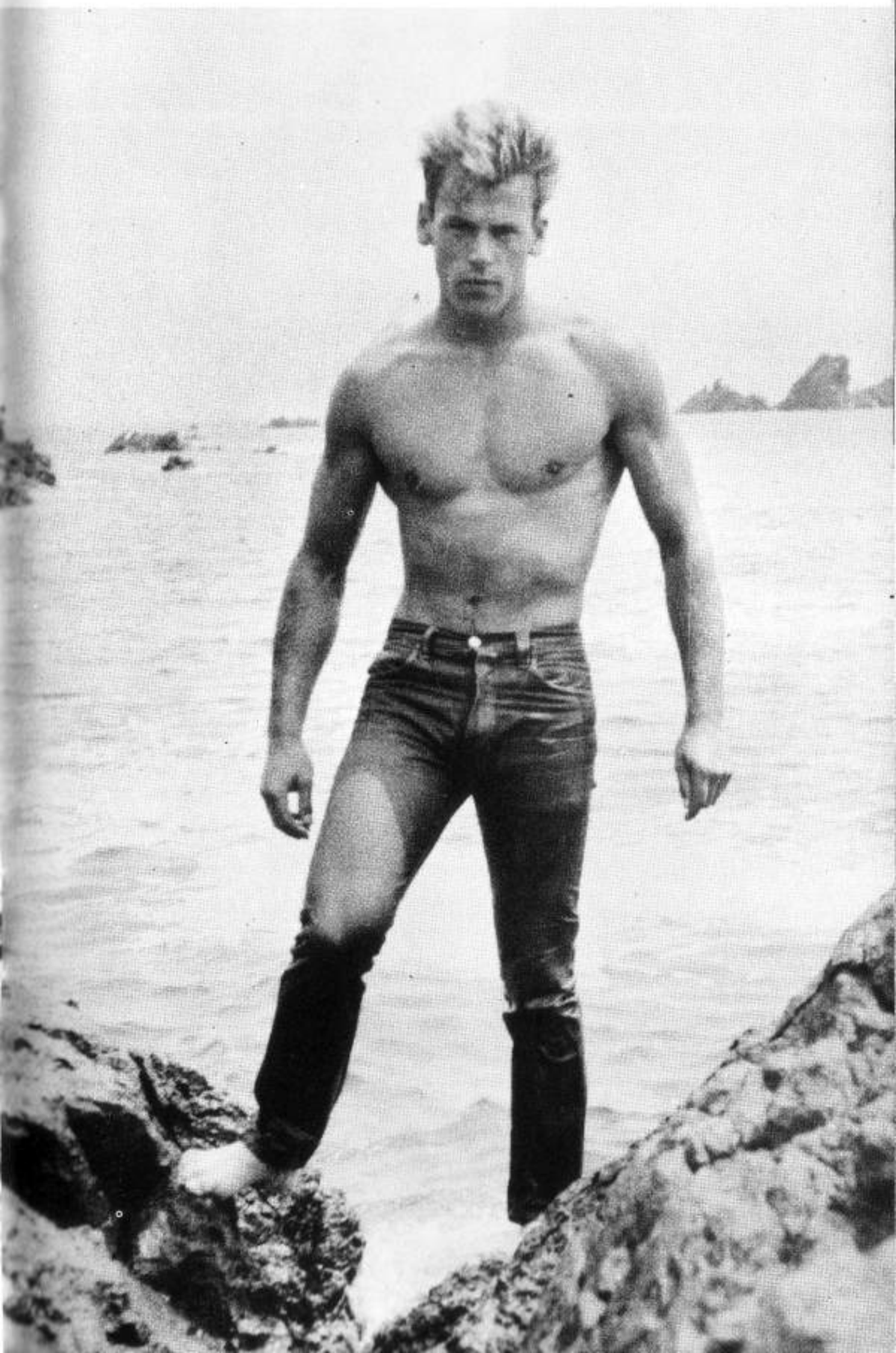

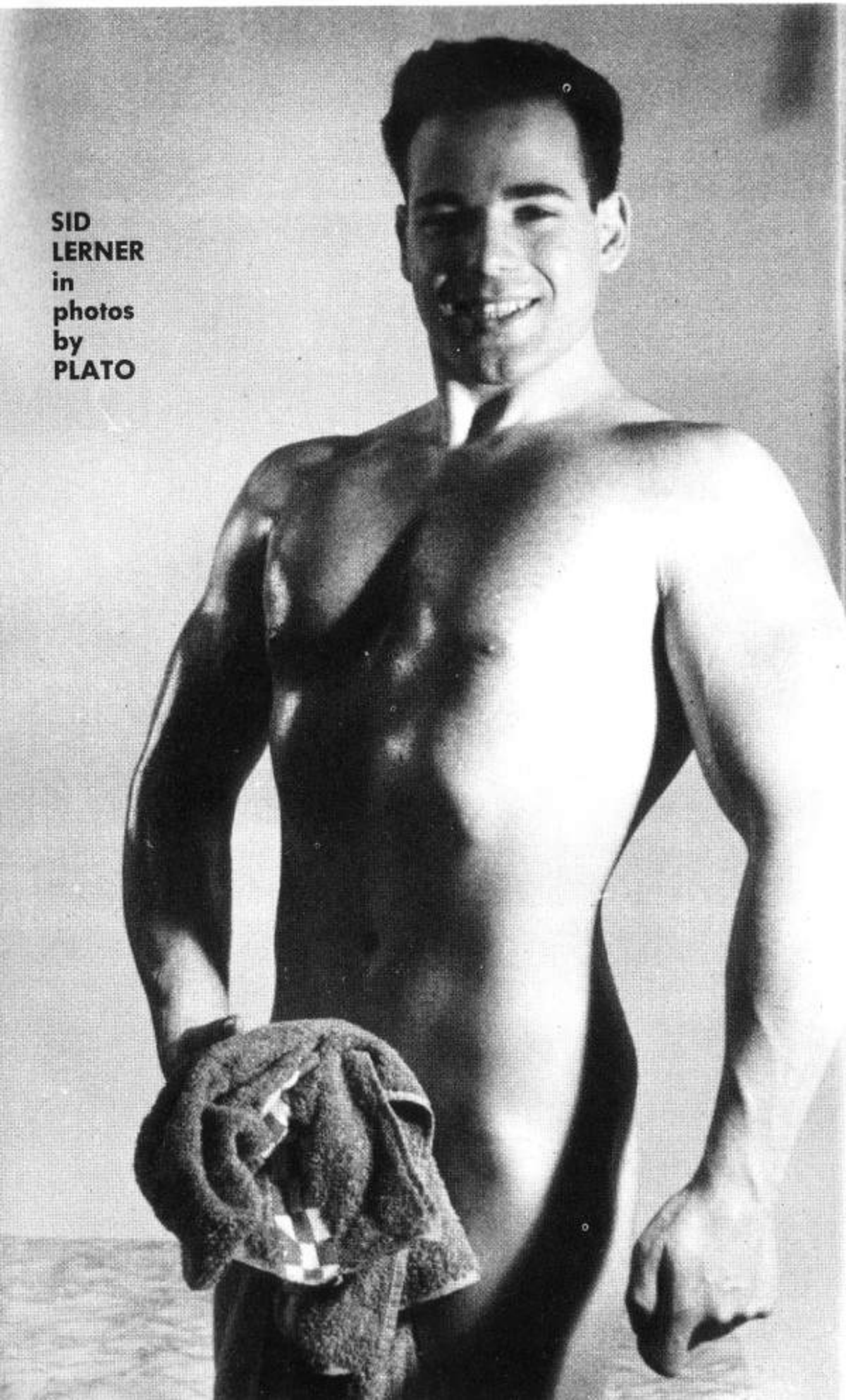
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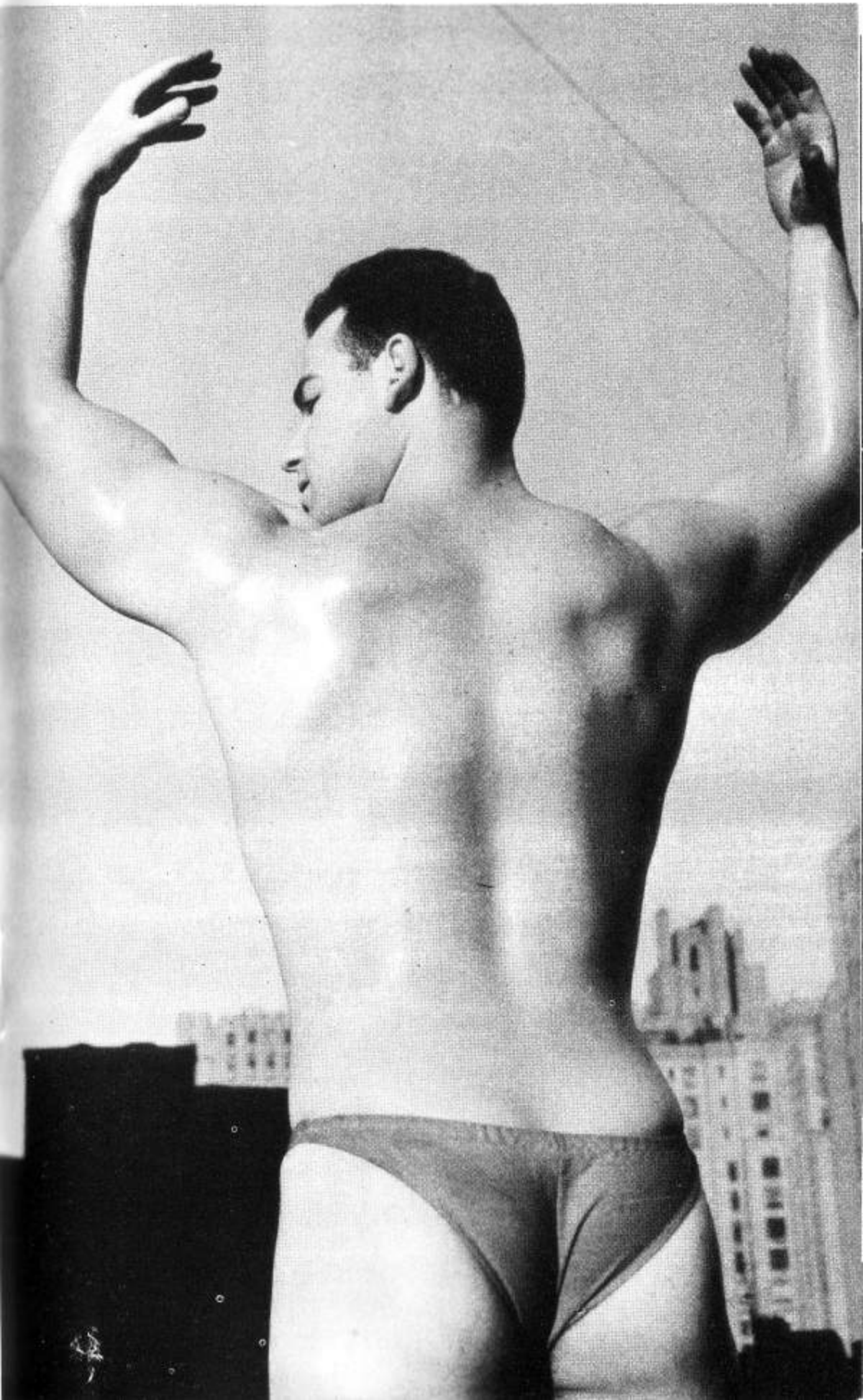

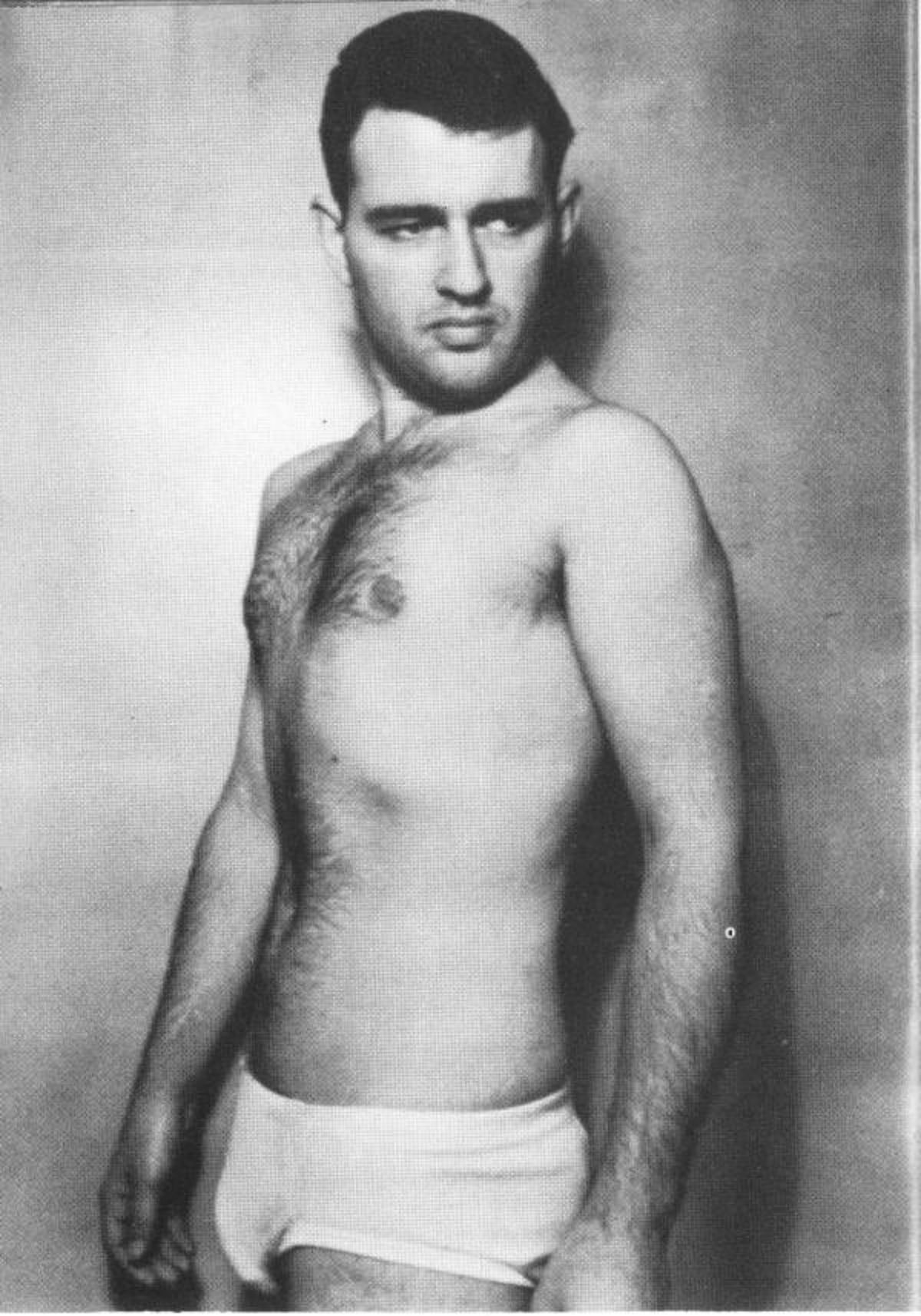

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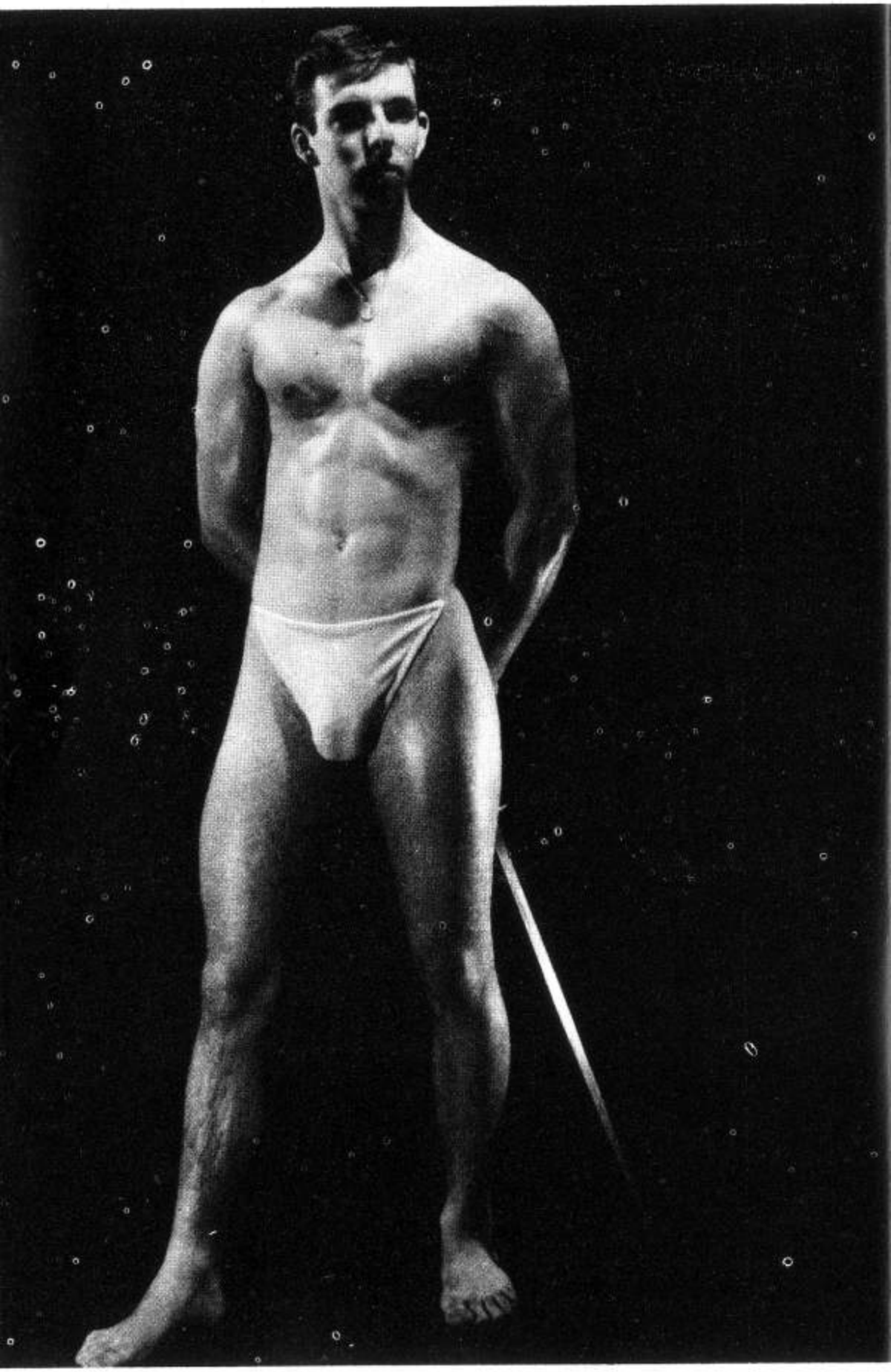

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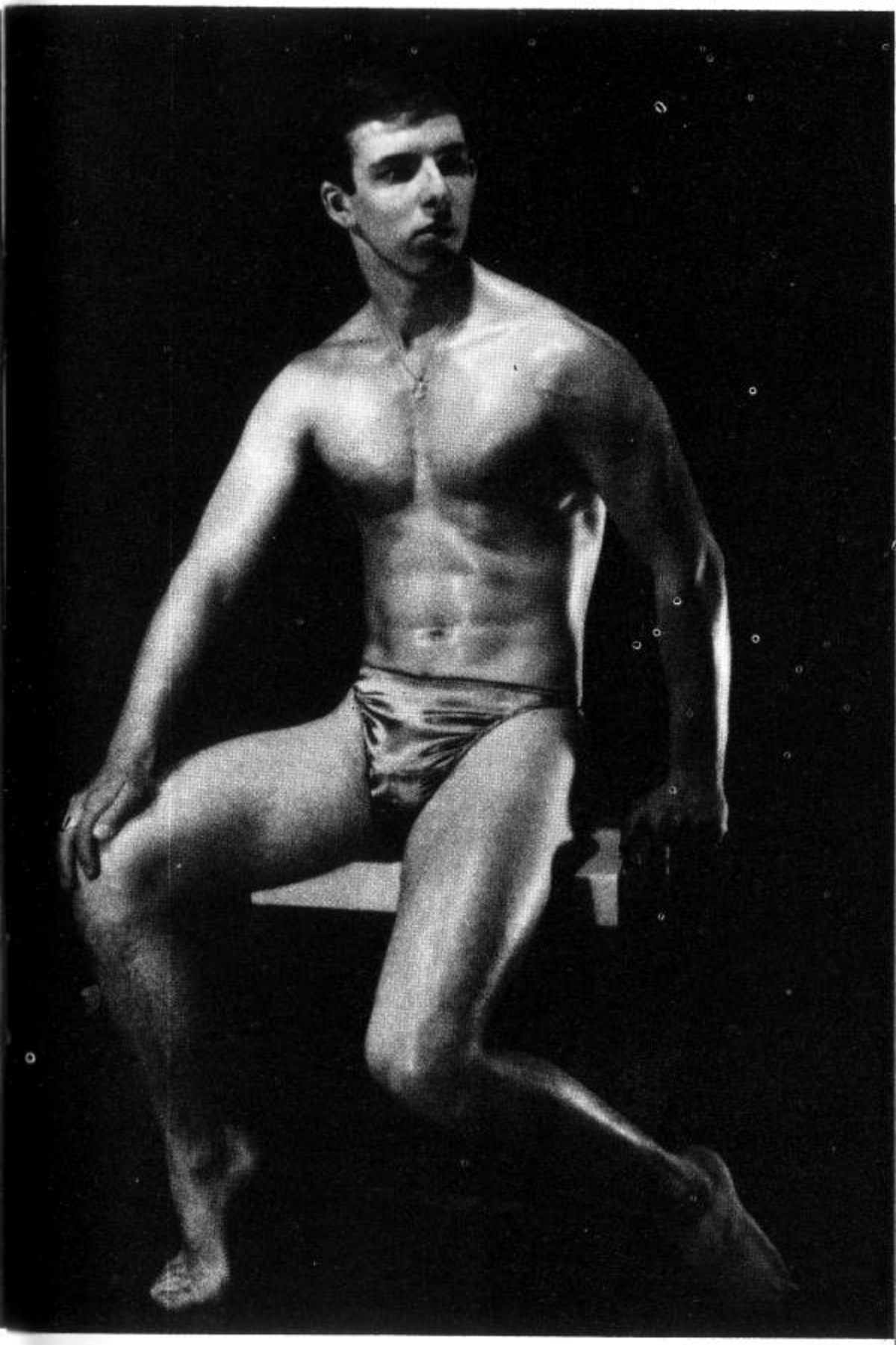

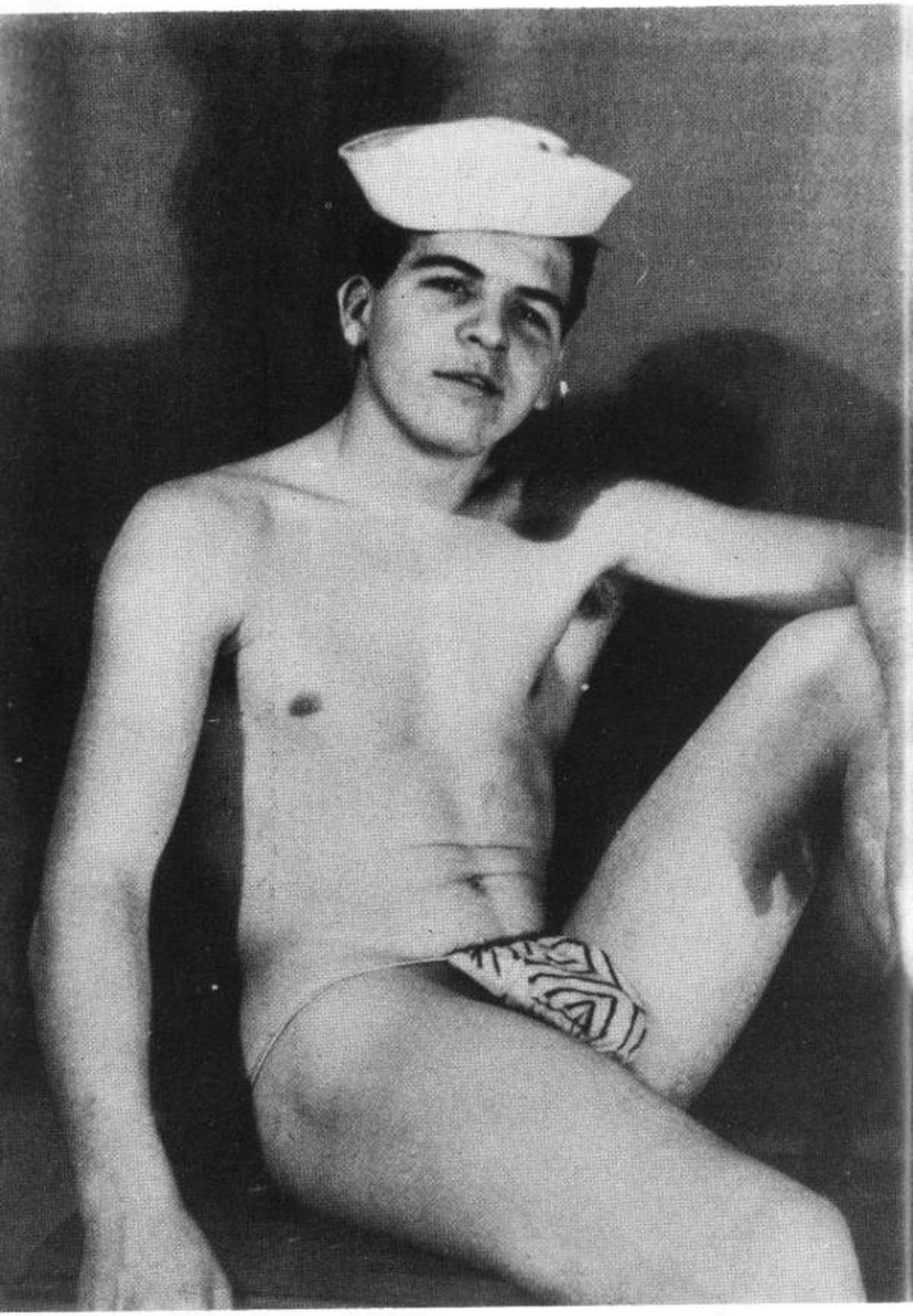

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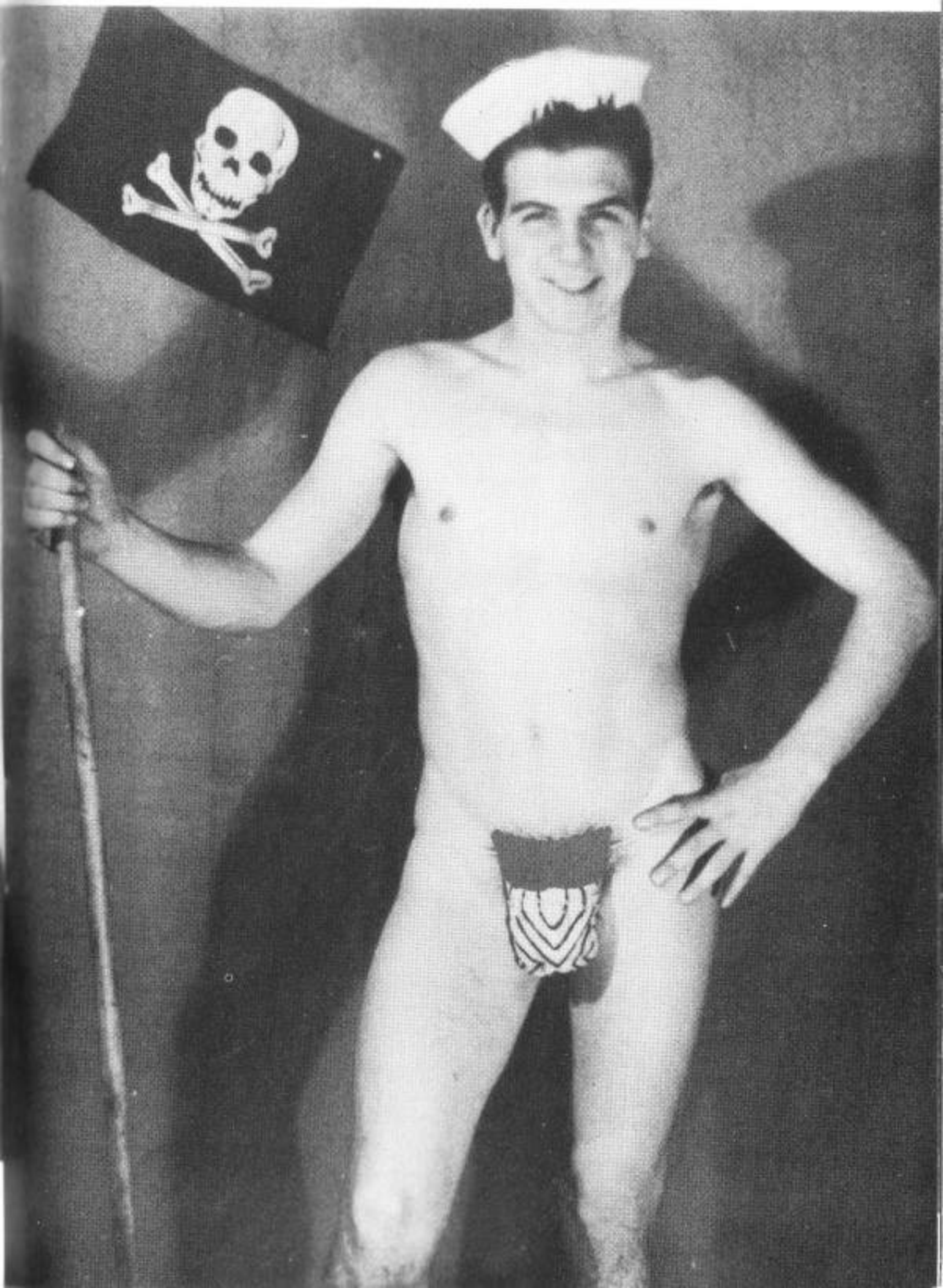

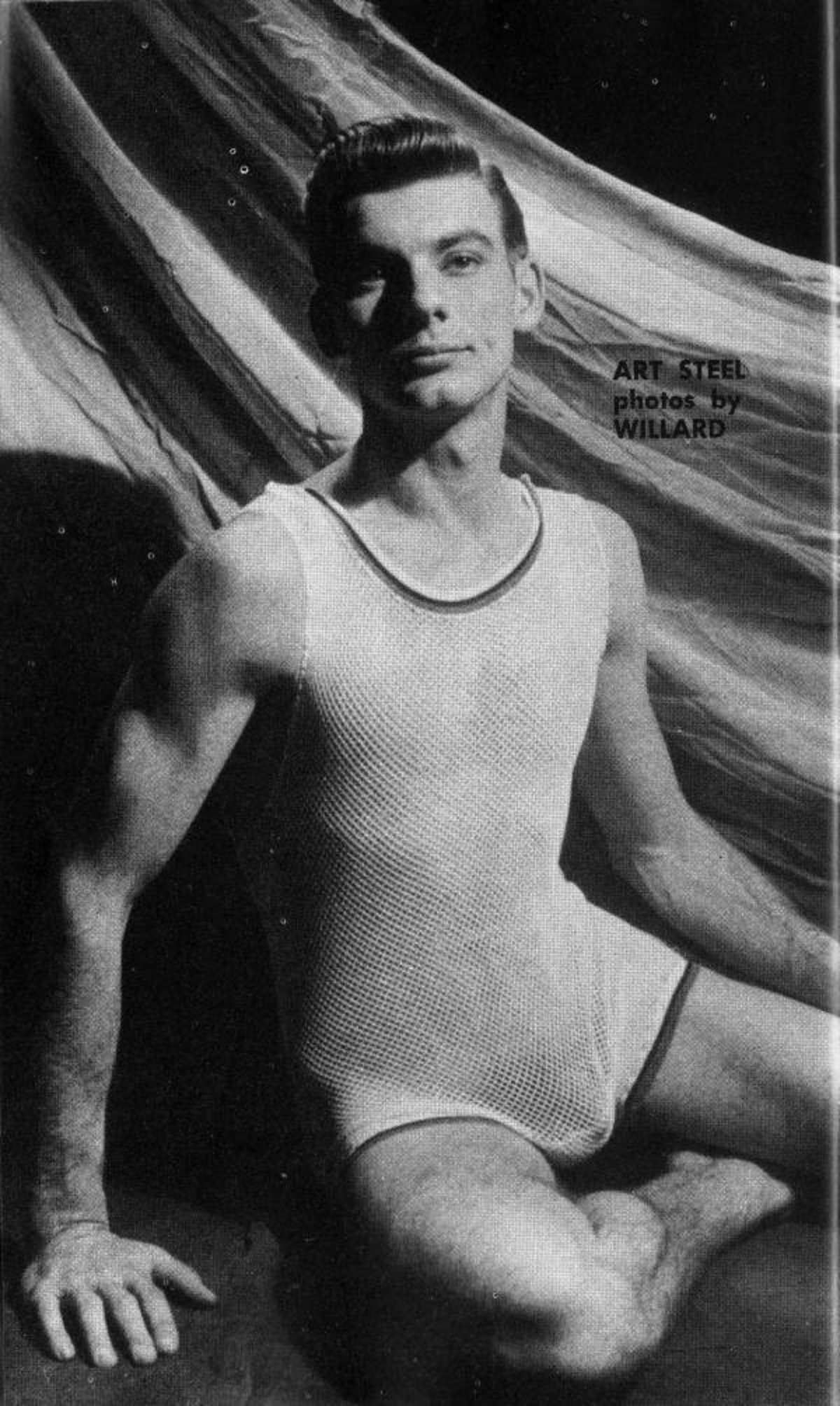
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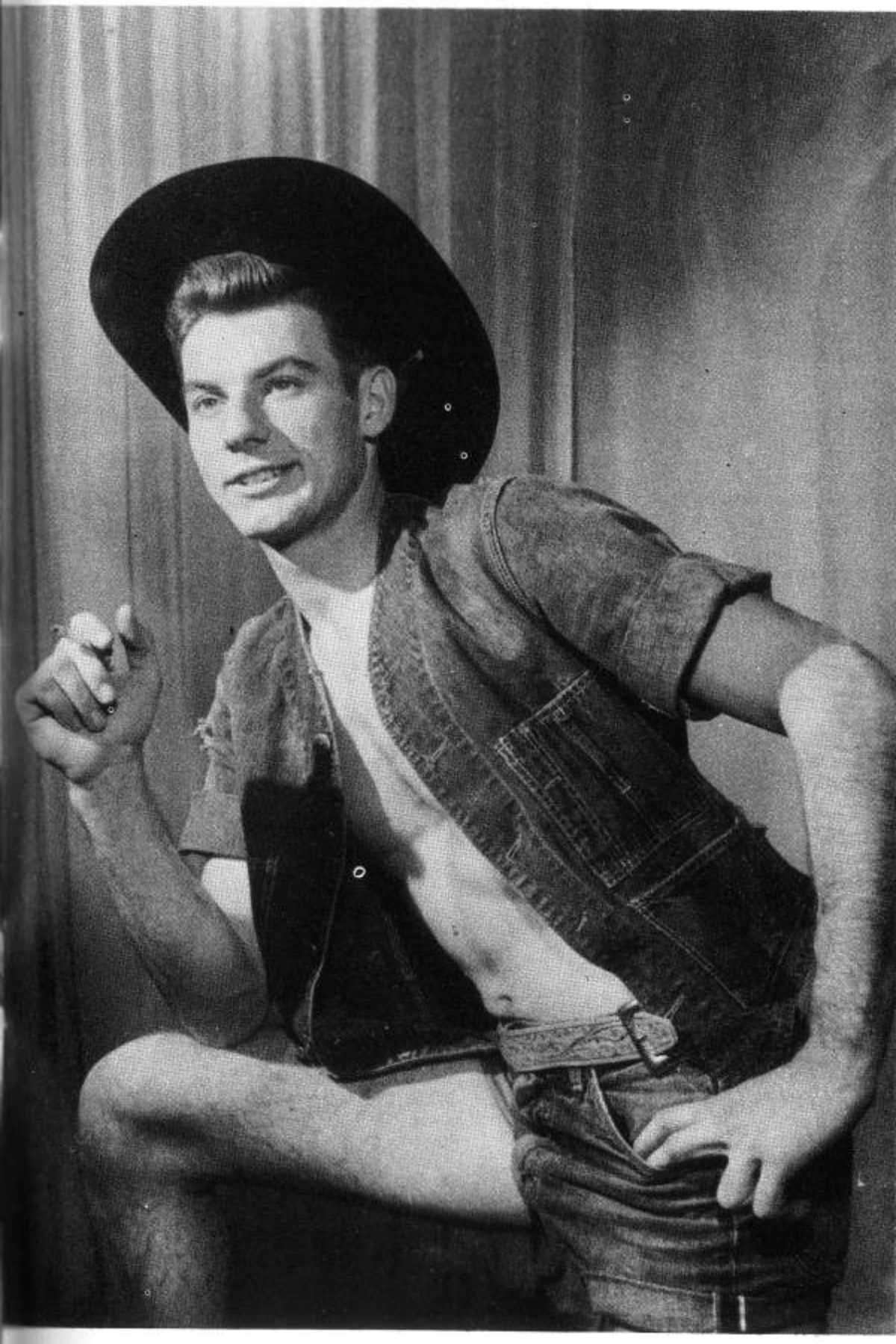

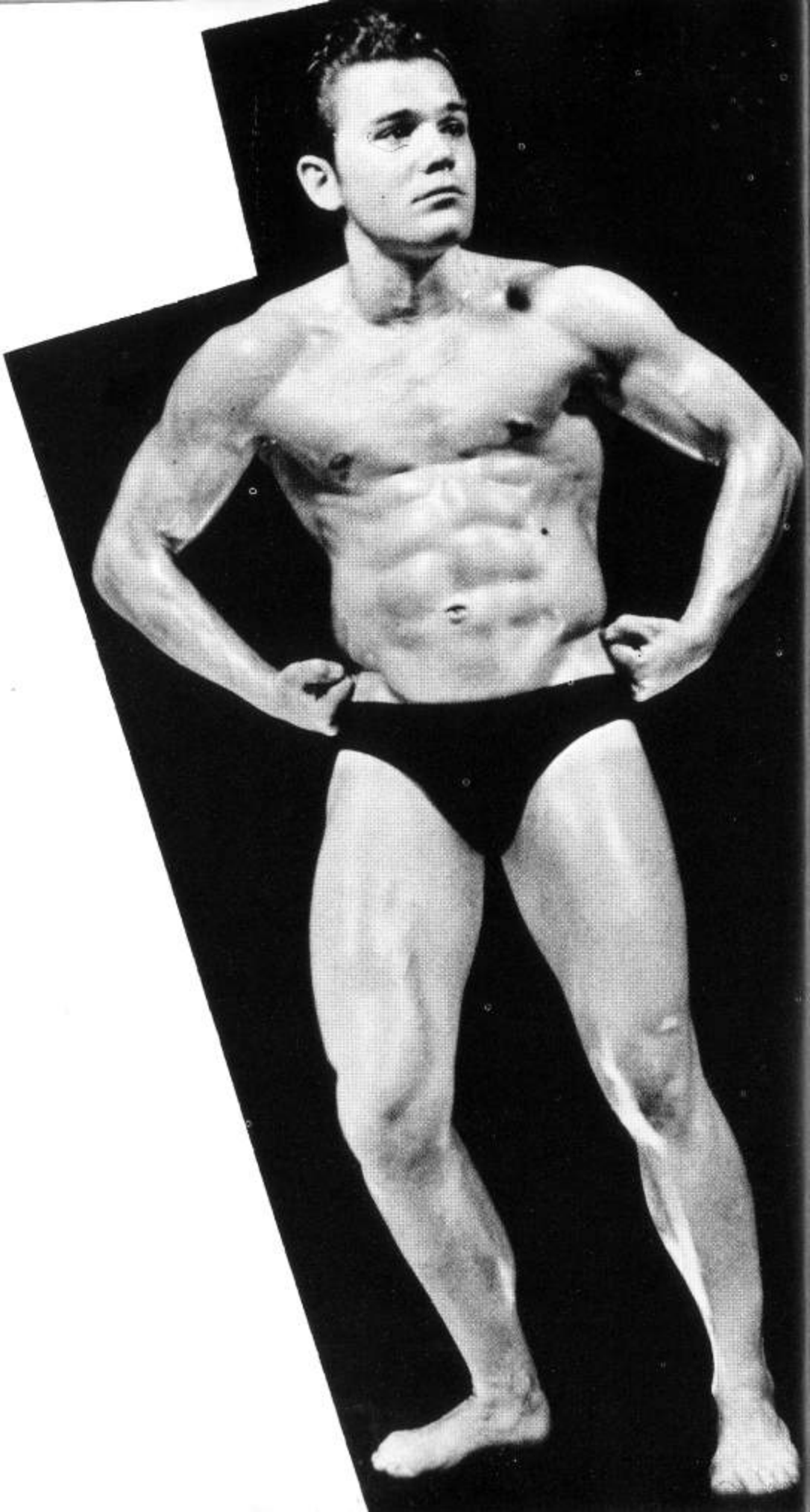

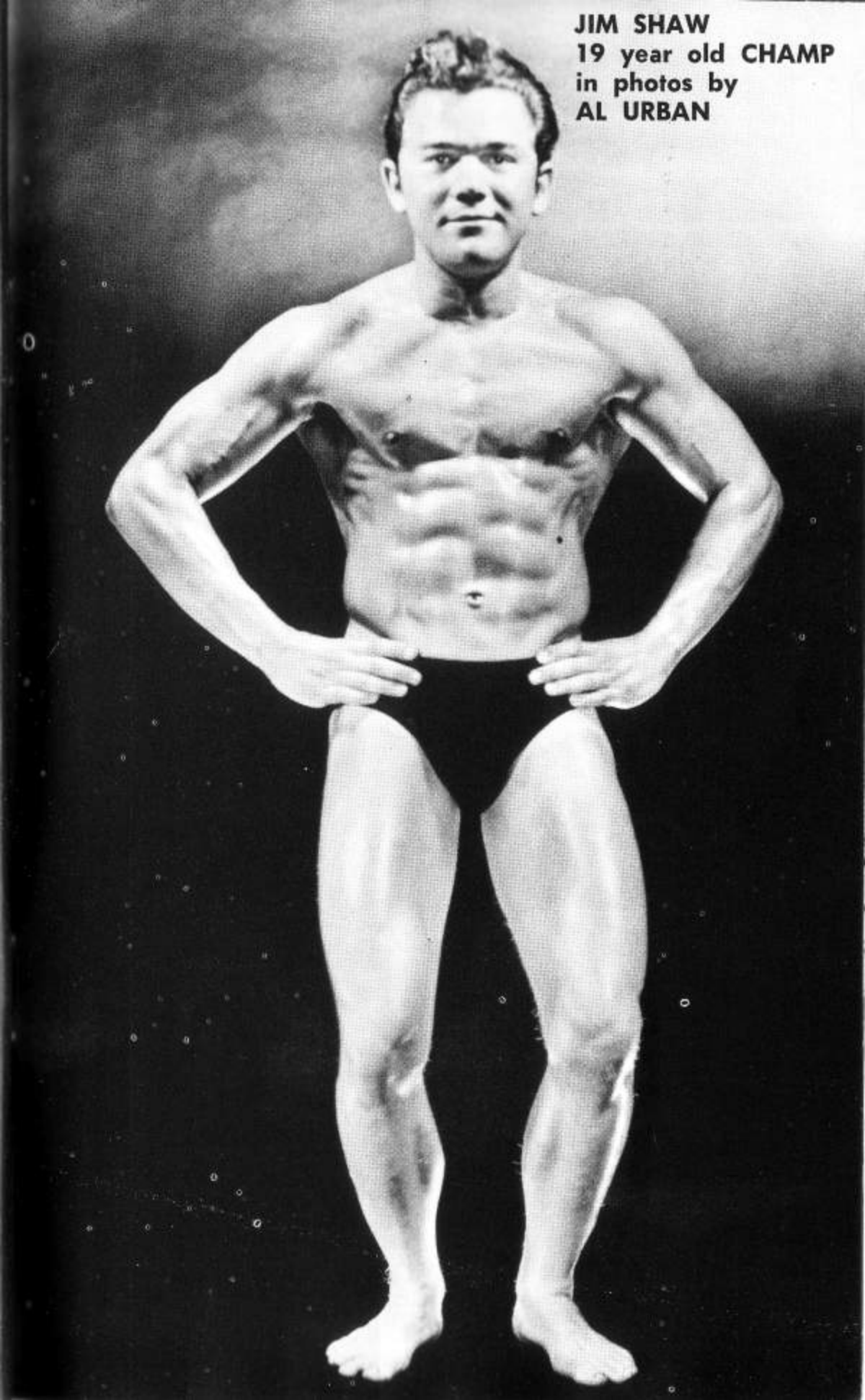
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19 year old CHAMP
in photos by
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BRUCE CLARK

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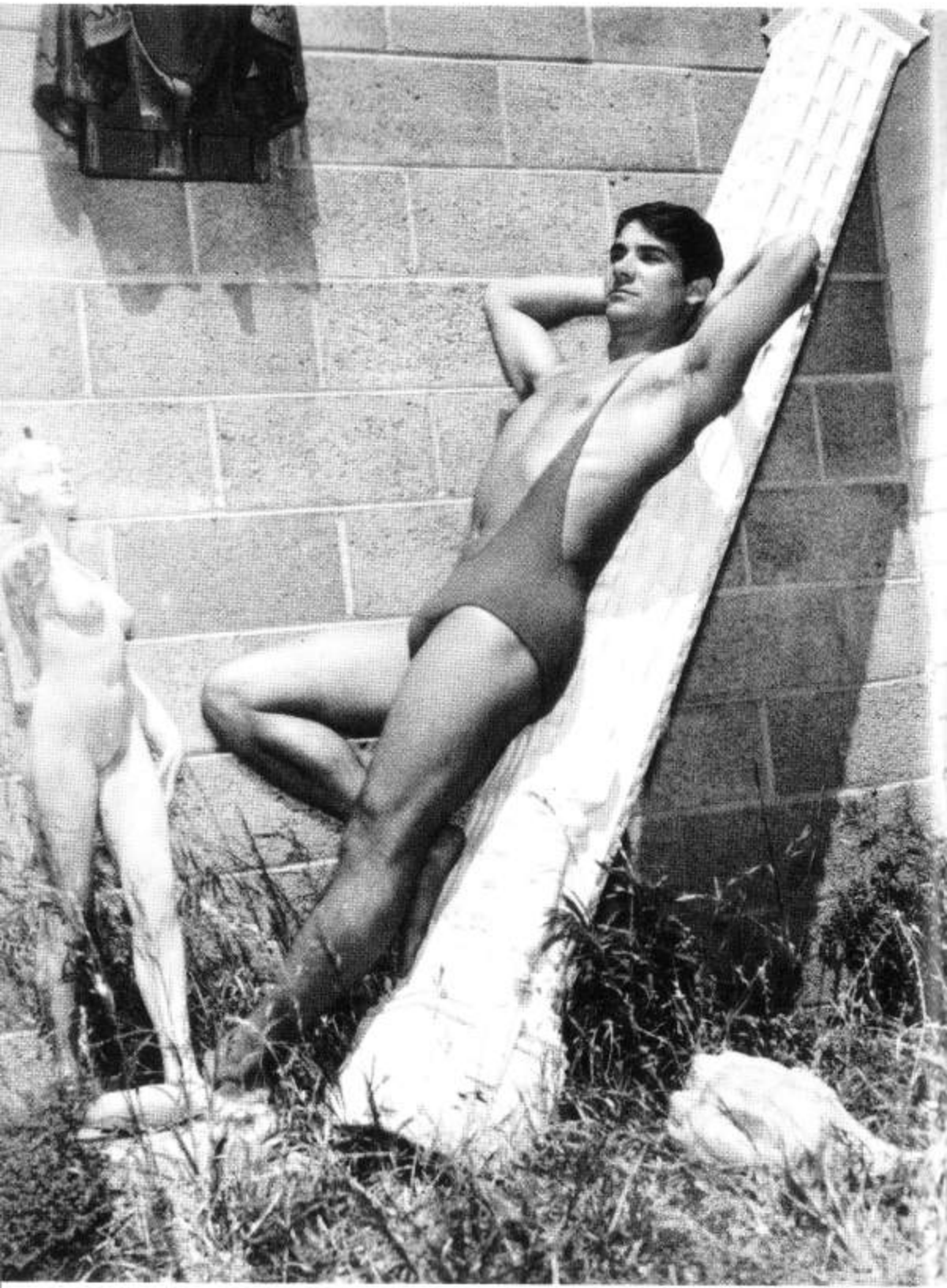

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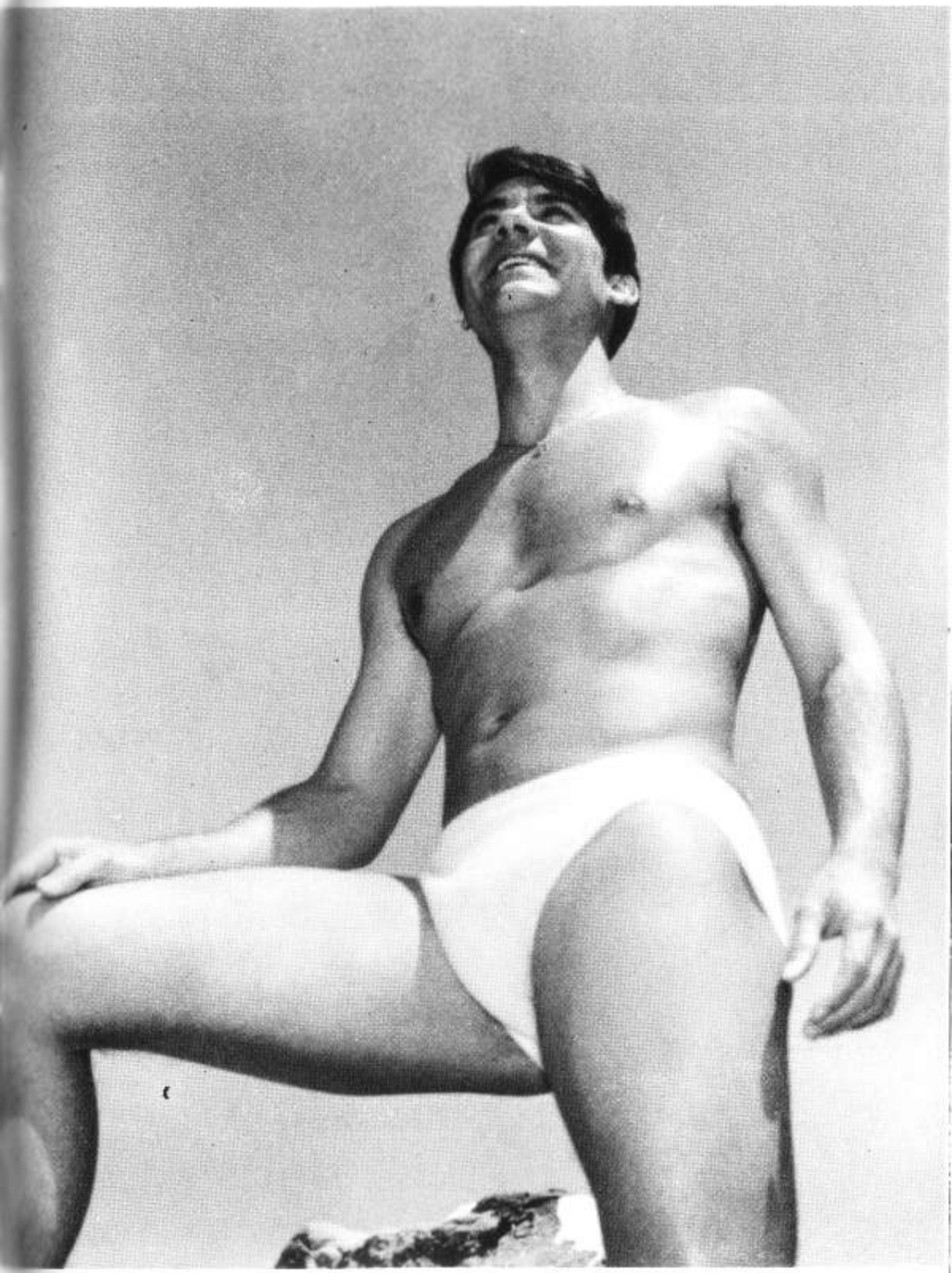

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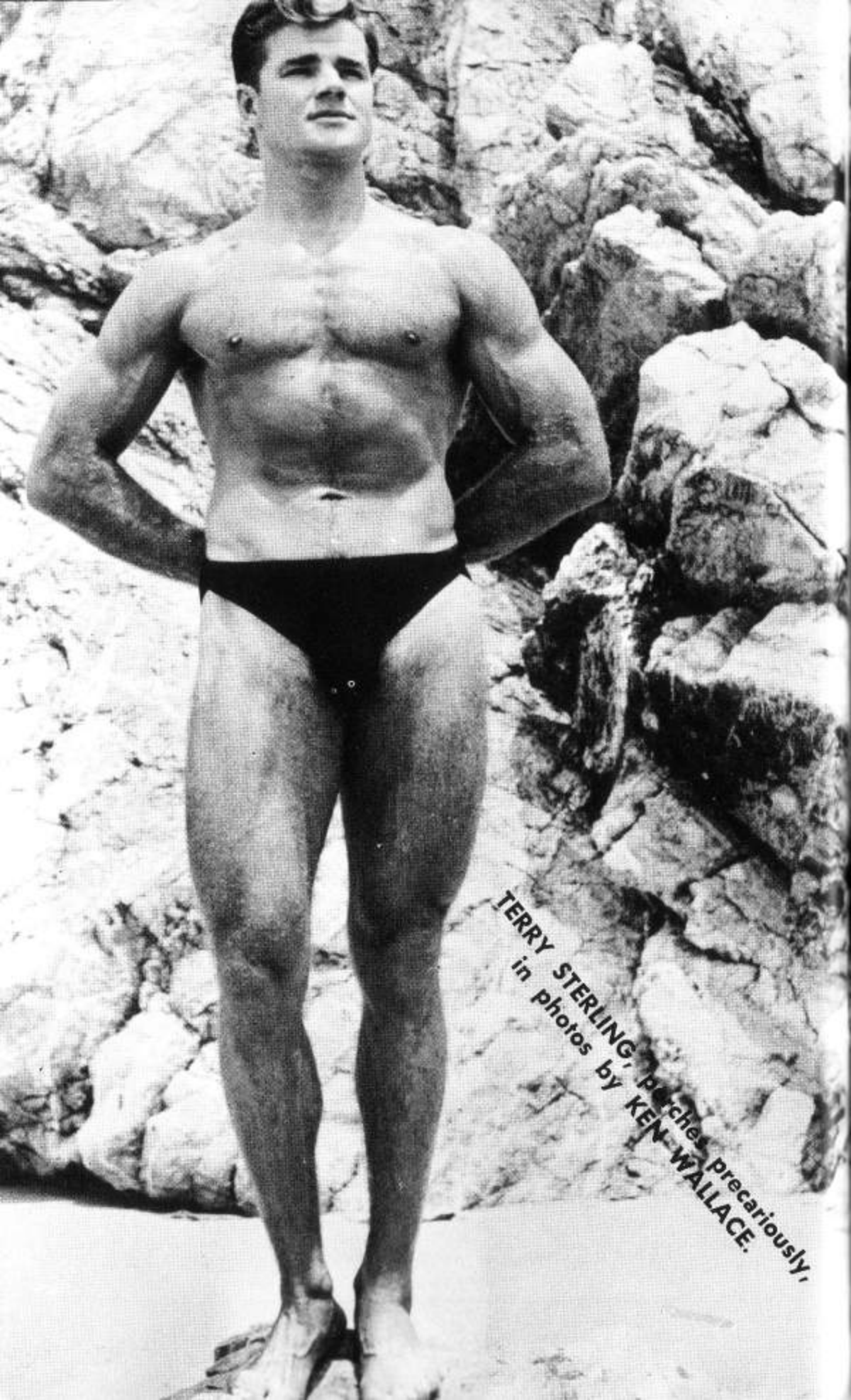

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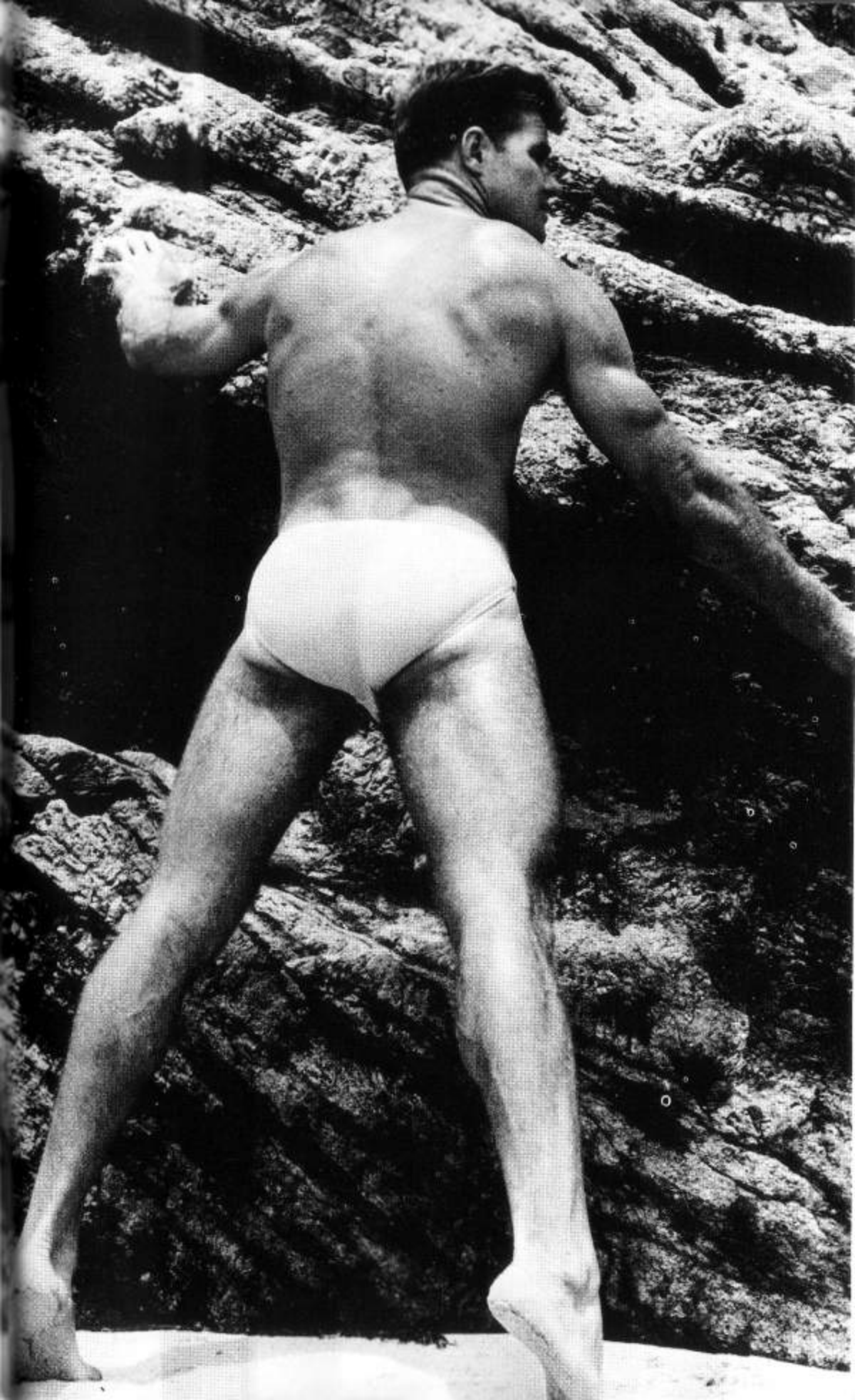

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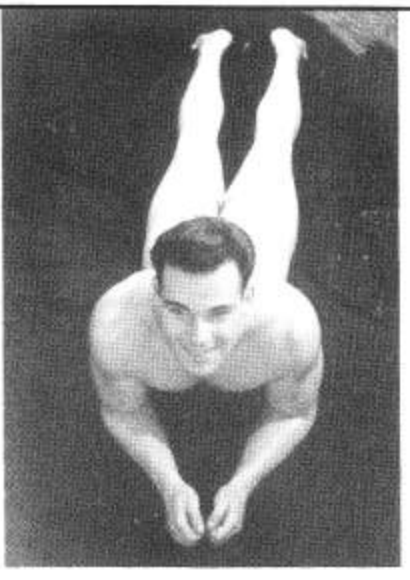

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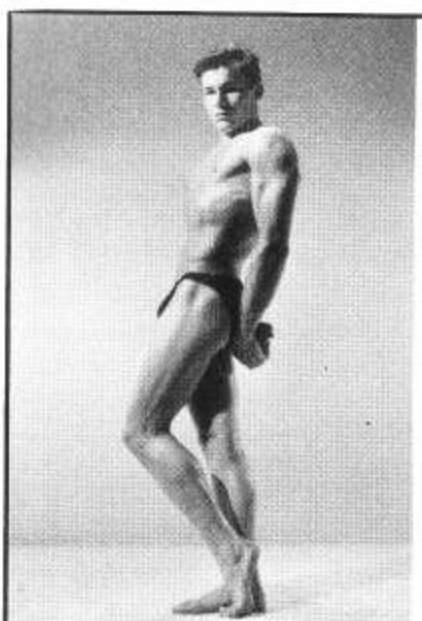

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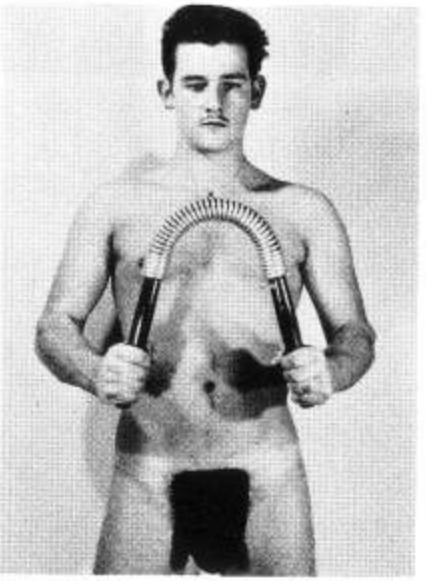

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